NEW HOURS OF OPERATION FALL 2010

National City Municipal Pool Activities/Hours

1800 E. 22nd Street (619) 336-6758

WATER AEROBICS

Tue, Thu, Sat: 10:15am-11:00am

Join the low & non-impact workout for fitness and health, low blood pressure and cholesterol. No swimming ability required. Pool heated year-round

OPEN SWIM

Sat: 1:00pm-4:00pm

Join the fun with our open swim program. Water slide, kiddy pool, and three different diving boards available

ADULT LAP SWIM

Mon, Wed, Fri: 5:30am-8:00am Mon-Sat: 11:00am-1:00pm

Enjoy the Olympic sized heated pool and swim laps at your own pace

PLEASE NOTE: The pool is closed for all activities on Sundays.

For more information please call (619)336-6758 during operating hours or call the Community Services Department at (619) 336-4290.

Recreation Centers, After School Program, & Open Gym Beginning Sept. 7, 2010

Kimball Recreation Center

148 E. 12th Street M, T, W, F: 3 pm - 5 pm Th: 1 pm - 5 pm (619) 336-6754

El Toyon Recreation Center

2005 E. 4th Street M, T, W, F: 3 pm - 5 pm Th: 1 pm - 5 pm (619) 472-6486

Camacho Recreation Center

1810 E. 22nd Street M, T, W: 2:30 pm - 5 pm Th: 1 pm - 4 pm F: 2:30 pm - 4:30 pm (619) 336-6756

Camacho Open Gym

M, T, W: 5 pm - 8:30 pm Th: 4 pm - 8 pm Sat & Sun: 12- 4 pm

For more information please contact one of the centers during operating hours or call the Community Services Department at (619) 336-4290.

Para Centro de Recreacion, Programa Depues de Escuela, & Gymnacio Abierto Empieza Sept. 7, 2010

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Camacho Gymnacio Abierto

M, T, W: 5 pm - 8:30 pm Th: 4 pm - 8 pm Sat & Sun: 12- 4 pm

Para mas informacion por favor comuniquese con el departamento de servicio de comunidad (619) 336-4290.

Kimball Senior Center 1221 "D" Avenue National City, CA 91950 I 336-6760

New Kimball Senior Center Hours Effective August 27, 2010:

Nuevas Horas de Servicio para el Kimball Senior Center Se iniciaran estos cambios el dia 27 de Agosto 2010:

Mondays & Thursdays 9:30am- 4:30pm Tuesdays & Wednesdays 9:30am-1:30pm Closed Friday-Sunday Lunes y Jueves 9:30am- 4:30pm Martes y Miercoles 9:30am-1:30pm Cerrado: Viernes, Sabado y Domingo