

**AGENDA FOR REGULAR MEETING
PARKS, RECREATION & SENIOR CITIZENS ADVISORY COMMITTEE (PRSCAC)
THURSDAY, MAY 18, 2023 at 4:00 PM
National City Civic Center
1243 National City Blvd, Large Conference Room, 2nd Floor
National City, CA 91950**

Open to the Public

- I. Call to Order
- II. Pledge of Allegiance to the Flag
- III. Roll Call and/or Introductions
Board: Florfina Arce, Joseph Crawford, Reuben Felizardo, Nora McMains,
Jennelyn Luna and Ignacio Navarro Jr.

City Staff and Guests: Joanne McGhee, Maria Wright, Juanita Castaneda, Victor
Acosta, Dillon Delaney (EXOS)
- IV. Staff reports
- V. Non-Agenda Public Comment
- VI. Approval of Minutes: March 16, 2023
- VII. Presentations
 - Las Palmas Pool Swim Programs – Dillon Delaney, EXOS
 - Senior Programs
- VIII. Action Items
 - None
- IX. Non-Action Items
 - Senior Program Update
 - Summer Camp for Youth
- X. Staff Comments
- XI. Board Member Comments
- XII. Adjournment to meeting of: June 15, 2023

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Unapproved Minutes
Parks, Recreation, and Senior Citizens Advisory Committee Meeting
Regular Meeting Held on March 16, 2023

The Regular Meeting of the Parks, Recreation and Senior Citizens Advisory Committee was called to order by Chairperson Nora McMains at 4:07pm.

Roll Call:

Members Present: Nora McMains, Jennelyn Luna, Liliana Armenta, Reuben Felizardo, Florfina Arce and Joseph Crawford

Members Absent: Ignacio Navarro Jr.

Staff Present: Joanne McGhee, Elyana Delgado and Maria Wright

Guests Present: Crescencia Pascual, city resident.

Approval of Minutes: February 16, 2023 meeting minutes approved unanimously by a motion from Joseph Crawford and seconded by Reuben Felizardo.

Presentations:

- None

Action Items:

- None

Non-actions Items:

- None

Staff Reports and City Staff Comments: Maria Wright, Juanita Castaneda, and Elyana Delgado submitted reports for January 2023.

Board Member Comments: Mr. Crawford mentioned a project he is working on, the 2nd Age Project, which he would like to talk to CSD staff about prior to presenting to the PRSCAC committee.

Adjournment of meeting:

Motion by Joseph Crawford to adjourn meeting until March 16, 2023 and second by Reuben Felizardo at 4:58pm.

STAFF REPORTS for March 2023
Attachment to PRSCAC Agenda for May 18, 2023 meeting

Camacho Center

- Camacho is currently offering open gym hours to serve our public. Different sports schedules throughout the week, such as Soccer, Basketball, and Volleyball
- Basketball classes for ages 4-8 years old and 9-11 years old are currently being hosted Mondays and Wednesdays. Parents have the option of registering youth for a 6, 8, or 10-week season. This program has had a total of 26 participants during our spring season. The season is scheduled to end on March 29th.
- Soccer classes for ages 8-10 are being offered at Camacho Tuesdays & Friday. We currently have 30 participants registered

El Toyon

- El Toyon Recreation Center is currently hosting Ballet Folklorico Spring program. Classes take place Monday through Thursday for all ages. We currently have 103 participants registered.

Las Palmas Pool

- Las Palmas is still closed for renovations, which are currently projected to be completed by late June or early July.

Nutrition Center- March 2023

Congregate Senior

Dine In Meals: 3,802

Home Delivered Meals: 1,605

Non-Senior

Dine In Meals: 221

Public Works- Parks Division

Work completed in March 2023: spray weeds in medians; worked ballfields; picked debris off streets from the storms; weed abatement (various locations).

In addition, 8 trees were trimmed, 28 trees removed, and 5 trees stumped.

Manuel Portillo Casa de Salud Youth Center

- The ESPORTS Afterschool program continues for youth 8-17. This program provides the youth with an opportunity to participate in competitive gaming while socializing in person as well as learning how to use a 3D printer, Cricut machine, and put together a computer from scrap parts. The youth that signed up are really happy to have this free program.
 - The ESPORTS program has been hosting an hour of physical activity which the youth have really enjoyed and started to take walking field trips to Kimball Park once a week when weather permits.

- In addition to walking to the park, the youth have been conducting trash pickups at Kimball Park and Paradise Creek Park once a week.
- Morning Socials are held at Casa de Salud on Tuesday and Thursday. Approximately 60 seniors registered for this program.
 - Morning Socials invite seniors to participate in two hours of activities and socializing.
 - Activities include arts & crafts, dancing, karaoke, celebrations, coffee, and snacks.
 - This month we had a representative from Humana visited and provided resources to the senior participants as well as coffee.
 - Crochet class has been very popular and the seniors have enjoyed all the new projects
 - The seniors had a St. Patrick's Day-themed dance.
- Senior Socials continue however the March one Senior Saturday had to be canceled due to the weather