



# Olivewood<sup>TM</sup>

Gardens & Learning Center



2525 N Ave. National City, CA | [www.olivewoodgardens.org](http://www.olivewoodgardens.org)



# Our Mission

The Mission of Olivewood Gardens and Learning Center is to inspire youth and adults to be healthy and active citizens through organic gardening, environmental stewardship, and nutrition education.



# Our Purpose

## Inspiring Healthy Families and a Healthy Environment



# Our Community

- Youth, adults, and families in National City, Chula Vista, and South San Diego
- Community impacted by history of social inequities
- Disproportionate levels of chronic disease resulting from limited access to fresh food and green space, air pollution
- Median income: \$43,168
- 63% Latinx, 17% Asian
- 40.7% migrant population





# Children's Garden & Nutrition Education Program





# School Wellness & School Garden Support





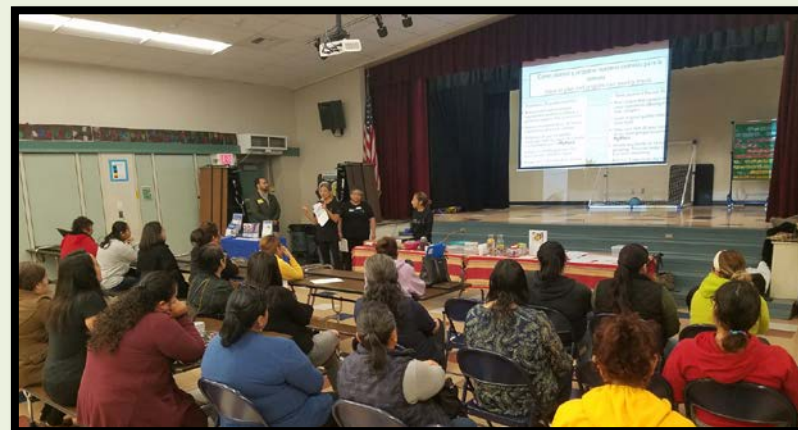
# COOKING FOR SALUD!

Empowering you to create a healthy kitchen within your home





# Kitchenistas Community Engagement Program





# High School Leadership Programs

## Garden 2 Kitchen



## Sustainable Urban Agriculture



## Building Sustainable Communities



## Ongoing Learning





# Food Access & Advocacy Programs



# Our Impact



Kids are eating more fruits and vegetables and are more connected to the earth



Families are cooking and eating healthy meals together, and growing their own food



Adults and youth are becoming health leaders within their families and community



Our community is building capacity to lead health equity and champion food justice



# Paradise Creek Community Garden



# Paradise Creek Community Garden

Current Hours, Please Stop By:

Tuesday - 3 to 6 p.m.

Wednesday - 8 a.m. to 1 p.m.

Thursday 3 to 6 p.m.

Saturday 10 a.m. to 2 p.m.





# Paradise Creek Community Garden

- Garden beds available
- Monthly Programs
  - Garden Workshops
  - Clean-ups
- Farm Truck with Fresh Produce



# Thank you!



[olivewoodgardens.org](http://olivewoodgardens.org)

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