









Domains of Liveability Key:

	1 - Outdoor Space & Buildings		5 - Communication & Information
	2 - Transportation		6 - Civic Participation & Employment
	3 - Respect & Social Inclusion		7 - Community Support and Health Services
	4 - Housing		8 - Social Participation

Plans Reviewed:

Community Survey (2020) - ACTIVE*	Neg Dec Housing Element (2021)	General Plan Part 4 (GP4) (2011)	Harbor District Specific Plan (HDSP) (1998)
National City Strategic Plan 2020-2025 (NCSP) (2020)	General Plan Part 1 (GP1) (2011)	Climate Action Plan (CAP) (2011)	National City Code of Ordinances (2020)***
FY 2020 CIP Report (CIP) (2018)**	General Plan Part 2 (GP2) (2011)	Westside Specific Plan (WSP) (2010)	Parks, Recreation, & Senior Citizens Advisory Board Minutes (2018 - 2020)***
National City Downtown Strategic Plan (NCDSP) (2017)	General Plan Part 3 (GP2) (2011)	National City Bicycle Master Plan (NCBMP) (2010)	

* The Community Survey (2020) is an active community effort. The data is not available yet, but will be valuable to the Age-Friendly Plan

**Document does not provide actionable items to evaluate but is included as a resource document

***Resources reviewed under unique search criteria and included at the end of this document

This section looks at how the plans described above fit into the 8 Domains. Goals and Objectives that have identified includes language about older adults or services that directly benefit this age demographic.

1 - Outdoor Space & Buildings

An age-friendly community includes public places to gather indoors or out, and places where residents can get some fresh air, such as by visiting parks, walking nature trails, or just sitting on a bench.

ESSENTIAL FEATURES OF AGE FRIENDLY CITIES (By WHO)

Checklist Features* **As of 2/18/2021**

*Checked features are a result plan findings and site observations

PLAN	SECTION	GOAL/OBJECTIVE
General Plan (Part 1)	LU/Comm. Char. (LU)	Policy LU-7.5: Develop land that may become accessible as a result of a public improvement effort in a way that is compatible with surrounding land uses and in the best interests of the community.
General Plan (Part 2)	Safety (S)	Goal S-6: Minimized threats to public safety from criminalactivities.
General Plan (Part 2)	Safety (S)	Policy S-6.1: Promote the use of Crime Prevention through Environmental Design (CPTED) concepts, including, but not limited to: Establishing public spaces that encourage activity, site cleanliness, rapid repair, and removal or refurbishment of decayed physical elements; Providing for natural surveillance of outdoor spaces through proper placement of windows in surrounding buildings, lighting, and landscaping; Establishing natural access controls into and around private property through the use of doors, shrubs, fences, and gates; Distinguishing between private and public space through the use of landscaping, front porches, and other design elements, where appropriate.
General Plan (Part 2)	Safety (S)	Policy S-6.2: Encourage city residents to form neighborhood watch programs.
General Plan (Part 3)	Open Space/Ag (OS)	Policy OS-3.8: Maintain an on-going dialogue with the community to ensure that its needs are being addressed by urban agriculture endeavors.
General Plan (Part 3)	Open Space/Ag (OS)	Policy OS-5.1: To the extent feasible, distribute parks and recreational facilities equally throughout National City's neighborhoods, with a focus on neighborhoods that are currently underserved from a public recreation perspective.
General Plan (Part 3)	Open Space/Ag (OS)	Policy OS-5.3: Encourage the development and maintenance of recreational facilities by the private and non-profit sectors that complement and supplement the public recreational system.
General Plan (Part 3)	Open Space/Ag (OS)	Policy OS-5.10: Work with local school districts to provide joint use of school properties as neighborhood parks and recreational centers.
General Plan (Part 3)	Open Space/Ag (OS)	Policy OS-5.12: Provide and promote a variety of high quality active and passive recreation programs that meet the needs of and benefit the community.
General Plan (Part 3)	Open Space/Ag (OS)	Policy OS-7.2: Encourage the creation of connected paseos and trails between community activity areas and schools and consider opportunities to enhance them with kiosks and rest stations.
General Plan (Part 3)	Open Space/Ag (OS)	Policy OS-8.7: Support and encourage the accessibility of important cultural resources to the public for educational, religious, cultural, scientific, and other purposes, including the establishment of museums and facilities accessible to the public, where such resources can be appropriately studied, exhibited, curated, etc.

<input type="checkbox"/>	Public areas are clean and pleasant	<input type="checkbox"/>
<input type="checkbox"/>	Green spaces and outdoor seating are sufficient in number, well-maintained and safe.	<input type="checkbox"/>
<input type="checkbox"/>	Pavements are well-maintained, free of obstructions and reserved for pedestrians.	<input type="checkbox"/>
<input type="checkbox"/>	Pavements are non-slip, are wide enough for wheelchairs and have dropped curbs to road level.	<input type="checkbox"/>
<input type="checkbox"/>	Pedestrian crossings are sufficient in number and safe for people with different levels and types of disability, with non-slip markings, visual and audio cues and adequate crossing times.	<input type="checkbox"/>
<input type="checkbox"/>	Drivers give way to pedestrians at intersections and pedestrian crossings.	<input type="checkbox"/>
<input type="checkbox"/>	Cycle paths are separate from pavements and other pedestrian walkways.	<input type="checkbox"/>
<input type="checkbox"/>	Outdoor safety is promoted by good street lighting, police patrols and community education.	<input type="checkbox"/>
<input type="checkbox"/>	Services are situated together and are accessible.	<input type="checkbox"/>
<input type="checkbox"/>	Special customer service arrangements are provided, such as separate queues or service counters for older people.	<input type="checkbox"/>
<input type="checkbox"/>	Buildings are well-signed outside and inside, with sufficient seating and toilets, accessible elevators, ramps, railings and stairs, and non-slip floors.	<input type="checkbox"/>
<input type="checkbox"/>	Public toilets outdoors and indoors are sufficient in number, clean, well-maintained and accessible.	<input type="checkbox"/>

General Plan (Part 4)	Health/Env. Justice (HE)	Policy HEJ-3.2: Identify and eliminate, where feasible, barriers to outdoor physical activity, such as damaged, incomplete, blocked, or littered sidewalks and bike paths, lack of safe street crossings and direct connections, excessive speeding, insufficient lighting, incidence or perception of crime, and lack of landscaping and shade trees along streets.
General Plan (Part 4)	Health/Env. Justice (HE)	Policy HEJ-3.4: Apply universal design principles in the design and review of development and redevelopment projects, where feasible.
General Plan (Part 4)	Edu/Public Part. (E)	Goal E-5: A library system consisting of facilities and programs that meets the needs of all residents.
General Plan (Part 4)	Edu/Public Part. (E)	Policy E-6.4: Encourage the use of public facilities for child care services; including collaboration between schools and parks, faith based institutions, community centers, and senior centers.
CAP (2011)	Energy	A1.a.5 Provide low- or no-cost weatherization improvements for low-income households.
WSP (2010)	4.2 Comm. Des. Goals	Goal 4.2 Reinforce neighborhood character by designing new development that embodies an active and friendly environment.
WSP (2010)	4.2 Comm. Des. Goals	Goal 4.5 Balance residential needs (security, privacy, and evening quietness) with commercial needs (access, visibility, loading, and evening operations).

2 - Transportation

An age-friendly community includes ways for older people and non-drivers to get where they need to go

PLAN	SECTION	GOAL/OBJECTIVE
NCSP (2020)	Transpo. Choices/Infra.	Expand mobility choices by improving access to transit, biking, walking, rolling, and parking management.
NCS DP (2017)	Goal 1.2.1.3; Obj. H	Accessible and convenient public parking.
NCS DP (2017)	Goal 1.2.1.7; Obj. A	Clustering of dense projects at appropriate locations for access to transit, amenities, and services.
NCS DP (2017)	Goal 1.2.1.7; Obj. G	Improvement of intersections for safe and efficient pedestrian and vehicular mobility.
General Plan (Part 1)	LU/Comm. Char. (LU)	Policy LU-1.2: Concentrate commercial, mixed-use, and medium to high density residential development along transit corridors, at major intersections, and near activity centers that can be served efficiently by public transit and alternative transportation modes.
General Plan (Part 1)	Circulation (C)	Policy C-1.3: Require new development and redevelopment to provide good internal circulation facilities that meets the needs of walkers, bicyclists, children, seniors, and persons with disabilities.
General Plan (Part 1)	Circulation (C)	Policy C-1.4: Require new development and redevelopment to apply universal design standards.
General Plan (Part 1)	Circulation (C)	Policy C-2.6: Enhance the quality of life in the City's neighborhoods and minimize impacts on schools, hospitals, convalescent homes and other sensitive facilities through the implementation of traffic calming measures in these areas to reduce vehicle speeds and discourage cut-through traffic.
General Plan (Part 1)	Circulation (C)	Policy C-5.5: Require the use of universal design standards in parking design and compliance with the Americans with Disabilities Act accessibility guidelines.
General Plan (Part 1)	Circulation (C)	Policy C-7.2: Improve bus stop and shelter facilities to increase the comfort of users.
General Plan (Part 1)	Circulation (C)	Policy C-7.3: Provide multi-modal support facilities near and to/from transit stops for bicyclists and pedestrians, including children and youth, the seniors, and persons with disabilities.
General Plan (Part 1)	Circulation (C)	Goal C-8: A universally accessible, safe, and convenient pedestrian system that encourages walking.
General Plan (Part 1)	Circulation (C)	Policy C-8.3: Identify and implement necessary pedestrian improvements with special emphasis on providing safe access to schools, parks, community and recreation centers shopping districts, and other appropriate facilities.
General Plan (Part 1)	Circulation (C)	Policy C-8.6: Reduce architectural barriers that restrict full movement and access by less mobile segments of the population consistent with the Americans with Disabilities Act.
General Plan (Part 1)	Circulation (C)	Policy C-8.7: Apply universal design standards to the pedestrian system.
General Plan (Part 1)	Circulation (C)	Policy C-8.8: Provide a continuous pedestrian network within and between neighborhoods to facilitate pedestrian travel

Checklist Features*

**Checked features are a result plan findings and site observations*

- Public transportation costs are consistent, clearly displayed and affordable.
- Public transportation is reliable and frequent, including at night and on weekends and holidays.
- All city areas and services are accessible by public transport, with good connections and well-marked routes and vehicles.
- Vehicles are clean, well-maintained, accessible, not overcrowded and have priority seating that is respected.
- Specialized transportation is available for disabled people.
- Drivers stop at designated stops and beside the curb to facilitate boarding and wait for passengers to be seated before driving off.
- Transport stops and stations are conveniently located, accessible, safe, clean, well lit and well-marked, with adequate seating and shelter.
- Complete and accessible information is provided to users about routes, schedules and special needs facilities.
- A voluntary transport service is available where public transportation is too limited.
- Taxis are accessible and affordable, and drivers are courteous and helpful.
- Roads are well-maintained, with covered drains and good lighting.
- Traffic flow is well-regulated.

As of 2/18/2021

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General Plan (Part 2)	Noise/Nuisance (NN)	free from major impediments and obstacles. Policy NN-4.5: Restrict the placement of obstacles within the public right-of-way to avoid unnecessary impediments to pedestrian, bicycle, or vehicular passage.	<input type="checkbox"/>	Roadways are free of obstructions that block drivers' vision.	<input checked="" type="checkbox"/>
General Plan (Part 4)	Health/Env. Justice (HE)	Goal HEJ-3: Safe and accessible physical activities to meet the needs of all segments of the community.	<input type="checkbox"/>	Traffic signs and intersections are visible and well-placed.	<input checked="" type="checkbox"/>
General Plan (Part 4)	Health/Env. Justice (HE)	Policy HEJ-3.1: Encourage walking and bicycling as daily physical activities by providing conveniently located daily goods and services and recreational facilities and programs within a comfortable walking or biking distance from homes.	<input type="checkbox"/>	Driver education and refresher courses are promoted for all drivers.	<input type="checkbox"/>
CAP (2011)	Transpo./ Land Use	A2.b.1 Support the San Diego Metropolitan Transit Service (MTS) in making performance and quality improvements to existing transit service in National City.	<input type="checkbox"/>	Parking and drop-off areas are safe, sufficient in number and conveniently located.	<input type="checkbox"/>
CAP (2011)	Transpo./ Land Use	A2.b.2 Implement bicycle corridor improvements and supportive infrastructure.	<input type="checkbox"/>	Priority parking and drop-off spots for people with special needs are available and respected.	<input type="checkbox"/>
WSP (2010)	Guiding Principles	4. Enhance pedestrian safety and promote the walkability of the community.			
WSP (2010)	5.3 Circulation Goals	Goal 5.1: Make walking and bicycling safe and enjoyable by reducing sidewalk hazards, installing bicycle lanes, lighting, and landscaping along pedestrian paths and bicycling routes to the downtown, transit station, school, parks, and community facilities.			
WSP (2010)	5.3 Circulation Goals	Goal 5.5 Improve conditions for children and other community members walking and bicycling to Kimball School, Paradise Creek Educational Park, and the Civic Center Drive mixed-use center.			
WSP (2010)	5.3 Circulation Goals	Goal 5.6 As part of a transit-oriented development proposed within and surrounding the Public Works Yard, provide opportunities for residents to use multi-modal transit – walk, bike, bus, and/or trolley - to employment, recreation, and school.			
WSP (2010)	5.4 Implem. Strategies	Strategy 5.1 Implement traffic calming methods to slow driving speeds and improve pedestrian friendliness and safety. Measures may include pedestrianscaled lighting, curb bulbouts, angled parking, landscaping, and street furniture.			
WSP (2010)	5.4 Implem. Strategies	Strategy 5.13 Pursue grant funds for installation of sidewalks repair, accessibility, traffic calming measures, decorative street lighting, and landscaping.			
WSP (2010)	5.4 Implem. Strategies	Strategy 5.14 Improvement crosswalks and intersections within the Plan Area and pedestrian paths in the alleyways to enhance the pedestrian environment and encourage pedestrian mobility.			
WSP (2010)	5.4 Implem. Strategies	Strategy 5.16 Repair and replace existing sidewalks as necessary to improve walkability and provide curb ramps for persons with mobility impairments.			
WSP (2010)	5.4 Implem. Strategies	Strategy 5.17 Install curb ramps for persons with mobility impairments.			
WSP (2010)	5.4 Implem. Strategies	Strategy 5.19 Install wider sidewalks where appropriate to allow for street trees, bus shelters or benches.			
NCBMP (2010)	2.4 Plan Goals	A city where bicycling is a viable travel choice for users of all abilities			
HDSP (1998)	Plan Objectives	(c) Attractive, convenient, environmentally sustainable, and safe multi-modal public access to existing, approved, or planned recreational facilities within the Harbor District, and in adjacent Port Planning Subareas 58 and 59, including through the extension of the Harrison Avenue Public Access Corridor and appropriate linkages with the San Diego Bayshore and Sweetwater River Bikeway systems.			

3 - Respect & Social Inclusion

An age-friendly community listens to its older residents and includes them in activities for all ages.

PLAN	SECTION	GOAL/OBJECTIVE
General Plan (Part 1)	Guiding Principles	QUALITY OF LIFE: Improve the quality of life foreveryone within National City.
General Plan (Part 4)	Health/Env. Justice (HE	Goal HEJ-1: Meaningful and effective participation, promotion of community capacity building, and fair treatment of all segments of the public in the process of creating a healthy environment and developing, adopting, implementing, and enforcing environmental laws, regulations, and policies.
General Plan (Part 4)	Health/Env. Justice (HE	Policy HEJ-1.1: Facilitate the involvement of community residents, businesses, and organizations in the development, adoption, and implementation of community health initiatives and consider their input throughout the decisionmaking process.
General Plan (Part 4)	Health/Env. Justice (HE	Policy HEJ-1.2: Consider environmental justice issues as they are related to potential health impacts associated with land use decisions, including enforcement actions, to reduce the adverse health effects of hazardous materials, industrial activities, and other undesirable land uses, on residents regardless of age, culture, ethnicity, gender, race, socioeconomic status, or geographic location.
General Plan (Part 4)	Health/Env. Justice (HE	Policy HEJ-1.3: Consider environmental justice issues as they are related to the equitable provision of desirable public amenities such as parks, recreational facilities, community gardens, and other beneficial uses that improve the quality of life.

Checklist Features

As of 2/18/2021

**Checked features are a result plan findings and site observations*

- Older people are regularly consulted by public, voluntary and commercial services.
- Services and products to suit varying needs and preferences are provided by public and commercial services.
- Service staff are courteous and helpful.
- Older people are visible in the media, and are depicted positively and without stereotyping.
- Community-wide settings, activities and events attract all generations by accommodating age-specific needs and preferences.
- Older people are specifically included in community activities for "families".
- Schools provide opportunities to learn about ageing and older people, and involve older people in school activities.
- Older people are recognized by the community for their past as well as their present contributions.
- Older people who are less well-off have good access to public, voluntary and private services.

4 - Housing			Checklist Features	As of 2/18/2021
An age-friendly community has housing suitable for older adults.			<i>*Checked features are a result plan findings and site observations</i>	
PLAN	SECTION	GOAL/OBJECTIVE		
NCSPP (2020)	Housing/Comm. Dev.	Pursue new housing options at all income levels.	<input type="checkbox"/> Sufficient, affordable housing is available in areas that are safe and close to services and the rest of the community on how to serve them better.	<input type="checkbox"/>
NCSPP (2017)	Goal 1.2.1.1; Obj. C	Adequate affordable housing that increases housing ownership levels.		
NCSPP (2017)	Goal 1.2.1.2; Obj. A	The preservation of housing and Naturally Occurring Affordable Housing (NOAH).	<input type="checkbox"/> Sufficient and affordable home maintenance and support services are available.	<input type="checkbox"/>
Housing Element (2021) Goal 1		Goal 1: Encourage the development of a diverse housing stock that can meet the needs of National City residents of all ages, abilities, and incomes.		
Housing Element (2021) Policy 1.2		Promote the development of inclusionary, mixed income housing throughout National City.		
Housing Element (2021) Policy 1.3		Encourage micro-unit housing and other residential housing models that create economies of scale, shared facilities, and supportive services to help meet the needs of specialized groups, such as the elderly, students, and lower-income individuals.	<input type="checkbox"/> Housing is well-constructed and provides safe and comfortable shelter from the weather.	<input type="checkbox"/>
Housing Element (2021) Policy 1.4		Promote the development of accessory dwelling units (ADUs) throughout National City to meet residential housing needs.	<input type="checkbox"/> Interior spaces and level surfaces allow freedom of movement in all rooms and passageways.	<input type="checkbox"/>
Housing Element (2021) Goal 2		Encourage and facilitate the construction of new housing consistent with the City's RHNA allocation.	<input type="checkbox"/> Home modification options and supplies are available and affordable, and providers understand the needs of older people.	<input type="checkbox"/>
Housing Element (2021) Policy 2.2		Encourage affordable housing on publicly-owned sites suitable for development and not needed for public use.	<input type="checkbox"/> Public and commercial rental housing is clean, well-maintained and safe.	<input type="checkbox"/>
Housing Element (2021) Policy 2.3		Allow additional floor area ratio (FAR)/density through mechanisms such as overlay zones for projects that provide smart growth benefits and/or are located in proximity to transit.	<input type="checkbox"/> Sufficient and affordable housing for frail and disabled older people, with appropriate services, is provided locally.	<input type="checkbox"/>
Housing Element (2021) Goal 3		Conserve the affordability of the existing housing stock and pursue strategies to address displacement.		
Housing Element (2021) Policy 3.1		Preserve "at-risk" affordable units through monitoring and partnering, working with nonprofits, and exploring available funding sources to preserve affordability.		
Housing Element (2021) Policy 3.2		Promote the practice of effective management in all rental housing projects in order to maintain and improve the quality of National City's rental housing.		
Housing Element (2021) Goal 4		Enhance the quality of National City's existing neighborhoods.		
Housing Element (2021) Policy 4.2		Prevent building deterioration and promote the maintenance and repair of existing renter- and owner-occupied housing through education and training programs.		
Housing Element (2021) Policy 4.3		Encourage incorporating accessibility improvements and universal design features into rehabilitation projects to increase access for seniors and people with disabilities.		
Housing Element (2021) Goal 5		Promote and implement fair housing practices and equal access to housing opportunities for all income levels.		
Housing Element (2021) Policy 5.1		Affirmatively further fair housing choice in National City.		
Housing Element (2021) Policy 5.2		Support fair housing programs and provide residents fair housing information for low-income properties.		
Housing Element (2021) Policy 5.3		Foster an integrated development pattern that encourages housing, especially affordable housing, within proximity to transit, schools, employment centers, parks, and other resources.		
Housing Element (2021) Policy 5.4		Support increased homeownership across all income levels for National City residents.		
Housing Element (2021) Goal 6		Support programs for housing vulnerable and special needs populations.		
Housing Element (2021) Policy 6.1		Encourage the development of housing that is accessible to special needs residents, including seniors, disabled veterans, the homeless, and transitional foster youth, through measures such as transitional supportive housing, ensuring reasonable accommodation, and the provision of emergency shelters.		
Housing Element (2021) Policy 6.2		Encourage the development of supportive services and facilities that are linked with and in close proximity to affordable housing for vulnerable populations.		
Housing Element (2021) Goal 7		Promote an economically viable, environmentally conscious, and socially equitable land use and development pattern.		
Housing Element (2021) Policy 7.1		Provide incentives for housing and mixed-use development at major transit nodes, along transit corridors, and in other locations suitable for high-intensity housing development, as appropriate. Improve infrastructure to support infill development and promote new affordable housing near transit stations, major transit stops, and along transit corridors.		
General Plan (Part 1)	LU/Comm. Char. (LU)	Policy LU-2.3: Provide for a variety of housing types including, but not limited to, single-family attached and detached, multifamily apartments, condominiums, and mobile homes.		

5 - Communication & Information		
An age-friendly community helps residents access the information they need.		
PLAN	SECTION	GOAL/OBJECTIVE
General Plan (Part 3)	Cons./Sustain. (CS)	Policy CS-2.3: Inform the public about potential changes in the climate and strategies for adaptation.
General Plan (Part 4)	Edu/Public Part. (E)	Policy E-3.1: Identify opportunities to use public spaces such as City Hall, fire stations, parks, community gardens, trails, plazas, and recreational facilities as places to inform the public about natural habitats, National City's history, cultural arts, water and energy conservation methods, public health, career opportunities, and other issues through static displays or events.
General Plan (Part 4)	Edu/Public Part. (E)	Policy E-3.3: Increase access to wireless internet connections, computers, and other forms of communication technology.
General Plan (Part 4)	Edu/Public Part. (E)	Policy E-3.4: Notify the public about the availability of family resource centers and other organizations that provide life long learning opportunities.
General Plan (Part 4)	Edu/Public Part. (E)	Policy E-7.2: Utilize diverse media, technology, and communication methods to convey information to the public.
General Plan (Part 4)	Edu/Public Part. (E)	Policy E-7.3: Promote opportunities for public feedback that utilize new technologies (e-mail, websites) in addition to traditional forms of communication in order to better identify issues, submit comments, and exchange dialogue.
General Plan (Part 4)	Edu/Public Part. (E)	Goal E-8: Universal and easy access to state-of-the-art internet services and modern telecommunications technology.

Checklist Features

As of 2/18/2021

*Checked features are a result plan findings and site observations

- A basic, effective communication system reaches community residents of all ages.
- Regular and widespread distribution of information is assured and a coordinated, centralized access is provided.
- Regular information and broadcasts of interest to older people are offered.
- Oral communication accessible to older people is promoted.
- People at risk of social isolation get one-to-one information from trusted individuals.
- Public and commercial services provide friendly, person-to-person service on request.
- Printed information – including official forms, television captions and text on visual displays – has large lettering and the main ideas are shown by clear headings and bold-face
- Print and spoken communication uses simple, familiar words in short, straightforward sentences.
- Telephone answering services give instructions slowly and clearly and tell callers how to repeat the message at any
- Electronic equipment, such as mobile telephones, radios, televisions, and bank and ticket machines, has large buttons and big lettering.
- There is wide public access to computers and the Internet, at no or minimal charge, in public places such as government offices, community centres and libraries.

6 - Civic Participation & Employment		
<i>An age-friendly community provides ways older adults can, if they choose, work for pay, volunteer their skills, and stay actively engaged in community life.</i>		
PLAN	SECTION	GOAL/OBJECTIVE
NCSP (2020)	Park/Rec./Library	Develop volunteer program and community services plan.
General Plan (Part 1)	LU/Comm. Char. (LU)	Policy LU-2.6: Support development and redevelopment that creates jobs for all income levels.
General Plan (Part 1)	LU/Comm. Char. (LU)	Policy LU-4.5: Support and encourage the involvement of resident volunteers in the implementation of actions for the betterment of their neighborhoods.
General Plan (Part 3)	Cons./Sustain. (CS)	Policy CS-1.3: Encourage community involvement and public-private partnerships to reduce and respond to global warming.
General Plan (Part 4)	Health/Env. Justice (HE)	Policy HEJ-1.4: Address health issues in National City with the public during the annual review of the General Plan.
General Plan (Part 4)	Health/Env. Justice (HE)	Policy HEJ-1.5: Assure potentially affected community residents that they have opportunities to participate in decisions that affect their environment and health, and that the concerns of all participants involved will be considered in the decision-making process.
General Plan (Part 4)	Health/Env. Justice (HE)	Policy HEJ-1.6: Hold meetings and workshops at times and locations that are convenient for community members to attend, especially those that may be directly affected by a particular decision.
General Plan (Part 4)	Edu/Public Part. (E)	Goal E-2: Greater opportunities for the City's residents to attend colleges and universities.
General Plan (Part 4)	Edu/Public Part. (E)	Goal E-3: Learning opportunities integrated into various aspects of the community.
General Plan (Part 4)	Edu/Public Part. (E)	Goal E-7: A sense of community pride and investment fostered through civic participation, volunteerism, and communication that reaches all segments of the community.
General Plan (Part 4)	Edu/Public Part. (E)	Policy E-7.4: Organize Community Councils and Neighborhood Organizing Workgroups (NOWs) for the purpose of involving community members in decision-making and implementation processes.
General Plan (Part 4)	Edu/Public Part. (E)	Policy E-7.5: Encourage the involvement of community members in identifying priorities for General Plan and Neighborhood and District Action Plan implementation programs and capital improvement projects.
General Plan (Part 4)	Edu/Public Part. (E)	Policy E-7.6: Expand efforts to reach out to and provide meaningful involvement opportunities for low-income, minority, disabled, children and youth, and other traditionally underrepresented citizens in the public participation process and encourage non-traditional communication methods to
General Plan (Part 4)	Edu/Public Part. (E)	Policy E-7.8: Promote volunteerism and community service to engender a sense of pride in the community.

Checklist Features

As of 2/18/2021

**Checked features are a result plan findings and site observations*

- A range of flexible options for older volunteers is available, with training, recognition, guidance and compensation for personal costs.
- The qualities of older employees are well promoted.
- A range of flexible and appropriately paid opportunities for older people to work is promoted.
- Discrimination on the basis of age alone is forbidden in the hiring, retention, promotion and training of employees.
- Workplaces are adapted to meet the needs of disabled people.
- Self-employment options for older people are promoted and supported.
- Training in post-retirement options is provided for older workers.
- Decision-making bodies in public, private and voluntary sectors encourage and facilitate membership of older

7 - Community Support and Health Services		
<i>An age-friendly community cares for its older adults and also provides ways for them to care for themselves.</i>		
PLAN	SECTION	GOAL/OBJECTIVE
NCSP (2020)	Health/Environ./Sustain	Support an age-friendly community. Goal S-4: High-quality emergency and pre-hospital medical services for National City residents.
General Plan (Part 2)	Safety (S)	
General Plan (Part 2)	Safety (S)	Policy S-4.1: Participate in regional planning efforts to ensure that quality emergency and pre-hospital medical care is available to National City residents.
General Plan (Part 2)	Safety (S)	Policy S-5.5: Promote public safety through community education programs.
General Plan (Part 4)	Health/Env. Justice (HE)	Goal HEJ-5: Improved eating habits among all segments of the community.
General Plan (Part 4)	Health/Env. Justice (HE)	Goal HEJ-6: Convenient and accessible health services that meet the needs of the community.
General Plan (Part 4)	Health/Env. Justice (HE)	Policy HEJ-6.1: Encourage a range of health services in locations that are convenient and accessible (walkable) to the community.
General Plan (Part 4)	Health/Env. Justice (HE)	Policy HEJ-6.2: Encourage local transit providers to establish and maintain routes and services that provide the community with convenient access to health service facilities, where feasible.
General Plan (Part 4)	Health/Env. Justice (HE)	Policy HEJ-6.3: Encourage businesses to provide and maintain a free shuttle service to health care facilities for residents, where feasible.
WSP (2010)	Guiding Principles	2. Improve environmental health conditions for residents in the area.

Checklist Features

As of 2/18/2021

**Checked features are a result plan findings and site observations*

- An adequate range of health and community support services is offered for promoting, maintaining and restoring health.
- Home care services include health and personal care and housekeeping.
- Health and social services are conveniently located and accessible by all means of transport.
- Residential care facilities and designated older people's housing are located close to services and the rest of the community.
- Health and community service facilities are safely constructed and fully accessible.
- Clear and accessible information is provided about health and social services for older people.
- Delivery of services is coordinated and administratively simple.
- All staff are respectful, helpful and trained to serve older people.
- Economic barriers impeding access to health and community support services are minimized.
- Voluntary services by people of all ages are encouraged and supported.
- There are sufficient and accessible burial sites.
- Community emergency planning takes into account the vulnerabilities and capacities of older people.

8 - Social Participation		
In an age-friendly community, there are places for older adults to go for fun, enjoyable activities for them to do, and ways to stay socially connected.		
PLAN	SECTION	GOAL/OBJECTIVE
General Plan (Part 1)	LU/Comm. Char. (LU)	Policy LU-4.2: Promote the design of complete neighborhoods that are structured to be family-friendly, encourage walking, biking, and the use of mass transit, foster community pride, enhance neighborhood identity, ensure public safety, improve public health, and address the needs of all ages and abilities.
General Plan (Part 3)	Open Space/Ag (OS)	Policy OS-3.14: Increase public knowledge about food and food systems from the production process to disposal.

Checklist Features

As of 2/18/2021

*Checked features are a result plan findings and site observations

- Venues for events and activities are conveniently located, accessible, well-lit and easily reached by public transport.
- Events are held at times convenient for older people.
- Activities and events can be attended alone or with a companion.
- Activities and attractions are affordable, with no hidden or additional participation costs.
- Good information about activities and events is provided, including details about accessibility of facilities and transportation options for older people.
- A wide variety of activities is offered to appeal to a diverse population of older people.
- Gatherings including older people are held in various local community spots, such as recreation centres, schools, libraries, community centres and parks.
- There is consistent outreach to include people at risk of social isolation.

A word search was conducted for the following resources to identify if AFC topics are included. Search criteria: "Senior," Aging, "Older Adult," "Elderly"

National City Code of Ordinances (2020)	
Division 2. - Zoning Districts and Allowable Land Uses - 18.21.050 - Second Units:	4. Providing a means for residents—particularly seniors , single parents, younger singles and younger couples, and empty nesters—to remain in their homes and neighborhoods,
Division 4. - Gen. Des. and Dev. Regs - 18.48.060 - Density bonus housing agreement	D.For-Sale Housing Developments. In the case of for-sale housing developments, the density bonus housing agreement shall provide for the following conditions governing the initial sale and use of target units during the applicable use restriction period: 1.Target units shall, upon initial sale, be sold to eligible very low, low, or moderate income households at an affordable sales price and housing cost, or to qualified residents (i.e., maintained as senior citizen housing) as defined by this chapter. 2.Target units shall be initially owner-occupied by eligible very low, low, or moderate Senior housing - 1 space per unit plus 1 guest space for each 10 units
Division 4. - Gen. Des. and Dev. Regs - Table 18.45.050	Senior housing - 1 space for every 20 dwelling units
Division 4. - Gen. Des. and Dev. Regs - Table 18.45.120A	Adult day health care center. "Adult day health care center" means a facility for seniors which provides care, protection and activities on a less than twenty-four-hour basis
Division 5 - Glossary - 18.50 - Glossary	Health facility, long-term. "Long-term health facility" - Note: A senior citizens' project or housing-for-the- elderly project is to be distinguished from a long-term health facility in that the senior citizens' project or housing is primarily of a residential character with Senior citizens' housing. For this definition, see "senior housing."
Division 5 - Glossary - 18.50 - Glossary	

Topic themes from the Parks, Recreation, & Senior Citizens Advisory Board Minutes (2018 - 2020)
It appears that most discussions are park & rec-focused. Some topics were pulled out as being senior-specific:
 AFC-related topics - Recreation trips hindered by transportation (8/15); Crime in parks (7/18); "Let's Talk Seniors" 2019 (5/16)