

Las Palmas Pool

NATIONAL CITY - CA

July 2020 Pool Schedule

July 13th – July 31st

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GROUP EXERCISE (Ages 14+)	–	11:30a-12:30p (Deep Water)	11:30a-12:30p	11:30a-12:30p	11:30a-12:30p (Deep Water)	–	11:30a-12:30p
LAP – Long Course (Ages 14+)	–	5:30a-8:15a ^{1,2} (8 lanes) - 9:30a-11:15a ^{1,2} (4 lanes)	5:30a-8:15a ^{1,2} (8 lanes) - 9:30a-11:15a ^{1,2} (4 lanes)	5:30a-8:15a ^{1,2} (8 lanes) - 9:30a-11:15a ^{1,2} (4 lanes)	5:30a-8:15a ^{1,2} (8 lanes) - 9:30a-11:15a ^{1,2} (4 lanes)	5:30a-9:15a ^{1,2} (8 lanes)	–
Lap – Short Course	–	9:30a-12:15p ^{1,2} (8 lanes)	9:30a-12:15p ^{1,2} (8 lanes)	9:30a-12:15p ^{1,2} (8 lanes)	9:30a-12:15p ^{1,2} (8 lanes)	10:30a-1:15p ^{1,2} (16 lanes) - 3:30p-6:15p ^{1,2} (16 lanes)	2:00p-4:45p ^{1,2} (16 lanes)
Swim Lessons	–	1:00p-3:00p 3:30p-7:15p (M/W)	1:00p-3:00p 3:30p-7:15p (T/TH)	1:00p-3:00p 3:30p-7:15p (M/W)	1:00p-3:00p 3:30p-7:15p (T/TH)	–	9:00a-1:00p
SUHSD/ Pool Rental[^]	–	6:00p-9:00p	6:00p-9:00p	6:00p-9:00p	6:00p-9:00p		

1. Lap swim sessions are now reservation based, last 45 minutes, and begin every hour. (ex. 530a-615a is first swim session during 530a-815a lap swim session)
2. Members of the same household may share lap lanes; pay upon arrival for additional swimmers.
3. Locker room changing areas and showers are closed for the time being.
4. Recreational swim is currently unavailable due to social distancing restrictions.