

AGENDA FOR REGULAR MEETING
PARKS, RECREATION & SENIOR CITIZENS ADVISORY BOARD
THURSDAY, FEBRUARY 15, 2018 at 4:00 pm

**National City Civic Center
1243 National City Blvd, Large Conference Room, 2nd floor
National City, CA 91950**

Open to the Public

- I. Call to Order
- II. Pledge of Allegiance to the Flag
- III. Roll Call and/or Introductions
Board: Roy Cesena, Yvonne Cordoba, Nora McMains, Luz Molina-Lopez,
and Florfina Arce
Staff:
Guests:
- IV. Approval of Minutes: September 21, 2017
- V. Presentations
 - New employee introductions – Audrey Denham
 - KaBOOM! recap – Audrey Denham
- VI. Old Business
 - War Memorial Plaques Update – Audrey Denham
- VII. New Business
 - Pool closure – Audrey Denham
 - Board field trip to recreation centers – Audrey Denham
- VIII. Staff Reports
 - Review & Comments
- IX. Oral Discussion
- X. Adjournment to meeting of: March 15, 2018

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Unapproved Minutes
Parks, Recreation, and Senior Citizens Advisory Board Meeting
Regular Meeting Held on September 21, 2017

The Regular Meeting of the Parks, Recreation, and Senior Citizens Advisory Board was called to order by Audrey Denham at 4:10 pm, in the Main Conference Room at City Hall.

Roll Call:

Members Present: Nora McMains, Yvonne Cordoba, James Grier and Roy Cesena

Members Absent: Jose Rodriguez, Florfina Arce and Luz Molina-Lopez

Staff Present: Audrey Denham and Maria Wright

Guests: Cortes Grier, National City Resident

Approval of Minutes: August 17, 2017 meeting minutes approved by a motion from Nora McMains and seconded by James Grier.

Presentations:

- None

Old Business:

- None

New Business:

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Staff Reports Submitted: Denham, Wright, Uribe and Bullock

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Oral Discussion:

- Nora McMains requested a fieldtrip to City Recreation Centers to see new programs and facility improvements.
- Roy Cesena asked when the War Memorial plaques would be engraved.
- Cortes Grier mentioned about the Golf Program at the Eastlake Salt Creek Center and the potential for a youth golf program at the National City golf course.

Adjournment of meeting: Motion by Yvonne Cordoba to adjourn meeting until October 19, 2017 and seconded by Nora McMains at 4:40pm.

STAFF REPORTS for September/October 2017
Attachment to PRSCAB Agenda for 2-15-18 meeting

Kimball Senior Center Report

- The Kimball Senior Center attendance was 2,013 in September and 2,248 in October.
- The San Diego Food Bank monthly senior commodity distribution program helped 200 senior citizens.
- Both senior clubs are preparing for their annual Holiday Luncheons.

Tiny Tots Report

- The El Toyon Recreation Center parking lot is now housing a National City Fire Department sub-station. The parking is shared by the sub-station and the recreation center. There are now 18 parking spaces that include 2 handicap spaces.
- The Tiny Tots classes came together for a Halloween party on October 30, 2017 with treats and games for the kids.

Las Palmas Municipal Pool Report

- Lap and open swim programs and aquatic exercise classes continue to do well.
- The National School District is still holding 3rd grade learn to swim classes.

Camacho Recreation Center Report

- The fitness room at Camacho Recreation Center is complete and being used by adults in the community.

Casa de Salud Youth Center Report

- Staff continue to work on facility improvements. The multipurpose room/basketball court is expected to be completed by January 2018. The lobby mural is still in the design stages.

National City Aquatic Center Report

- There continues to be a few facility rentals and special field trips, but programs are winding down at the National City Aquatic Center. However, rowing teams will begin using the facility for daily practice in November.

Special Event Report

- Free Yoga at the Aquatic Center and Pepper Park was a success with approximately 15-20 people at each session.

Parks Division Report

- In October the Parks Division completed the following work on trees:
 - Tree trimmed 140
 - Removal 10
 - Planted 0

- Stumped 10
- Scheduled parks includes spraying weeds at parks and outer areas, repairing irrigation, working on ballfields, repairing fences and prepping for the KaBoom! playground build day.

Nutrition Center Report

- An oral report will be given by Nutrition Center Volunteer at the meeting.

STAFF REPORTS for November/December 2018
Attachment to PRSCAB Agenda for 2-15-18 meeting

Kimball Senior Center Report

- The Kimball Senior Center attendance was 2,116 in November and 1,365 in December.
- The San Diego Food Bank monthly senior commodity distribution program helped 328 senior citizens in November and December.
- Both senior clubs held annual Holiday Luncheons that allow seniors to celebrate with friends and meet their social needs.

Tiny Tots Report

- The Tiny Tots program held their annual Holiday Performance, which includes singing, dancing and a visit from Santa.

Las Palmas Municipal Pool Report

- Staff are working on replacing the water heater at the pool to ensure more consistent water temperature and improve energy efficiency.

Camacho Recreation Center Report

- Basketball and soccer continue to be a huge hit at Camacho Recreation Center. Staff are evaluating current programs and plan to make necessary changes in order to meet the needs of the community.

Casa de Salud Youth Center Report

- Staff are meeting with participants to determine what they are interested in so staff may begin planning the 2018 calendar with programs, special events and field trips.

National City Aquatic Center Report

- There are no programs at the National City Aquatic Center but there are rental groups using the main hall for meetings, retreats and events.

Special Event Report

- A Kimball Holiday was a huge success with approximately 1,000 attendees each day. The new layout and additional snow play area was very popular.

Parks Division Report

An oral report will be given at the meeting.

Nutrition Center Report

An oral report will be given by Nutrition Center Volunteer at the meeting.

STAFF REPORTS for January 2018
Attachment to PRSCAB Agenda for 2-15-18 meeting

Community Services Department

- Staff are working on developing the FY19 budget for the department.

Kimball Senior Center Report

- The Kimball Senior Center attendance for the month of January was 1,900.
- The San Diego Food Bank monthly senior commodity distribution program helped 340 senior citizens.
- The senior clubs both had a New Year's themed dance to celebrate the New Year. The dances were well attended with over 100 people at each dance.

Tiny Tots Report

- The Tiny Tots program resumed classes on Wednesday, January 3, 2018 after the winter break. They have completed four months of classes with a combined 25 students enrolled in both classes.
- The children are now able to write and recognize their first names. They have mastered their colors and shapes. They are starting to work on learning their numbers from 1 to 20.

Camacho Center

- Camacho Recreation Center had 600 participants for the month of January.
- Estimate attendance for Camacho classes during the month of January are as follows:
 - Youth Hip Hop classes: 6
 - Arts and Crafts: 4
 - Music classes: 2
 - Youth Basketball Training: 15
 - Youth Soccer Training: 15
 - Martial Arts: 10
 - Zumba: 2
- The Camacho Recreation Center fitness room has new TRX equipment and one of our part-time Recreation Specialists is getting ready to start promoting fitness classes.

Casa de Salud Youth Center

- Staff are working with the youth participants to determine their needs, as well as, the needs of Casa De Salud. Here is some of the feedback staff received:
 - Participants come to the Casa De Salud to spend time with their friends and go on field trips.
 - Younger participants expressed an interest in playing soccer, video games and table top games with their friends.
 - Participants and their parents are happy with the tutoring program.
- Some of the older participants are taking initiative and brainstorming fun programs and events that could be hosted at Casa De Salud. For example,

participants want to coordinate a monthly birthday celebration for participants and a Spring Dance event.

- The youth center has seen an increase in participants since the City re-opened after the winter break with an attendance of about 20 to 30 youth daily.

Las Palmas Pool Report

- Las Palms Pool will be closed February 10, 2018 through February 23, 2018 to install a new pool heater, replace in-pool lighting and fix broken tiles, as well as other miscellaneous repairs.
- Las Palmas Pool is currently hosting Eastlake and Bonita High School Water Polo teams, as well as, the South Coast and Southern club water polo teams. Beginning mid-February Sweetwater, Bonita and Eastlake High School swim teams will be practicing at Las Palmas Pool.
- Lap swim and open swim hours remain the same. However, these hours will be expanding in March for the spring season. Additional open swim hours for youth and families will be available during the elementary school spring break.
- Water exercise classes continue to be held 4 times per week on Monday, Wednesday, Friday and Saturdays.

National City Aquatic Center Report

- Staff are beginning to develop youth camps such as rowing, kayaking, and standup paddle boarding for spring break.

Special Events

- Community Service day is quickly approaching, staff are brainstorming possible projects at City parks and facilities.
- During Water Safety month staff will host Aquatic Adventures by the Bay on Saturday, May 26, 2018 at Pepper Park. Staff hope to increase attendance by providing activities such as, kayaking, paddle boarding, fishing, yoga, Zumba and other fitness programs.

Parks Division Report

- An oral report will be given by the Parks Superintendent at the meeting.

Nutrition Center Report

- An oral report will be given by Nutrition Center Volunteer at the meeting.