



National City Guide



Fall 2019



City of National City City Hall
 1243 National City Blvd
 National City, California 91950

City Council

Mayor	Alejandra Sotelo-Solis	619-366-4283
Vice Mayor	Ron Morrison	619-366-4233
Council Member	Jerry Cano	619-366-4234
Council Member	Mona Rios	619-366-4237
Council Member	Gonzalo Quintero	619-366-4238

City Departments

City Manager	619-336-4240
City Attorney	619-366-4220
Building	619-336-4210
City Clerk	619-336-4228
Community Services	619-336-4290
Engineering	619-336-4380
Finance	619-336-4330
Fire Department	619-336-4550
Housing and Economic Development	619-336-4254
Human Resources	619-336-4300
Library	619-470-5800
Neighborhood Services	619-336-4364
Planning	619-336-4310
Police Department	619-336-4400
Public Works	619-336-4580
City Treasurer	619-336-4330



On the Cover

Summer Movies in the Park at Las Palmas park. Join us for the upcoming movies. For more information visit <http://www.nationalcityca.gov/summermovies>

Stay Informed



24 Hour Hotlines

Code Enforcement	619-366-4287
Dig Alert	619-366-2600
Free Graffiti Removal	619-366-4545
Gang Enforcement	619-366-4264
Stormwater	619-366-4389
Employment Opportunities	619-336-4306



The City of National City Pledges to Provide:

Commitment

We strive for excellence, as we serve the public and each other with integrity, compassion, responsiveness, and professionalism.

Customer Service

We provide excellent service to residents, businesses, visitors, and colleagues.

Courtesy

We treat everyone with dignity and respect.

Communication

We communicate openly, honestly, and with clear, consistent messages.

Collaboration

We work to achieve common goals and value our differences.

Fall 2019 Content

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Congratulations to Jaddin Thomas, Miss National City Queen, Anais Rivera, Miss National City 1st Princess, and Ulyssa Easley, Miss National City 2nd Princess.



Recreation

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Register For Programs

Registration For Fall Classes Start:

August 12, 2019

Register Online at:

www.joinnatcity.com

or visit the MLK or Camacho Center

Fall season starts:

Monday, August 26

Employee of the Quarter- Officer Kevin Hirsh



Help us congratulate Officer Hirsh on being recognized as the National City Employee of the Quarter! Officer Hirsh has been with the NCPD since 2016 and is currently in the Patrol Division. This year, Officer Hirsh investigated a series of financial - related crimes involving a female suspect. The suspect was stealing large sums of money from victims who, at the time, were trying to help the suspect during a perceived personal crisis. Although only on the police force for a short time, Officer Hirsh demonstrated his ability to use advanced investigative techniques which led to the capture and arrest of the suspect. His exemplary dedication to the law enforcement profession and the National City community have been celebrated not only within the City limits but alongside his law enforcement peers and the District Attorney's Office.

If you see Officer Hirsh around town, stop, say hello, and congratulate him on a job well done!

Adopt-A-Place - Young Life South Bay

Back in May, Young Life South Bay participated in their first Adopt-A-Place clean up at Kimball Park.

The [Adopt-A-Place](#) program supports individuals and organizations in National City who want to take a more active role in the beautification of parks, streets, gateways, and public spaces. The program is part of the National City '[Together We Can](#)' campaign encouraging individuals, businesses, community organizations and City Hall to work together in making National City cleaner, healthier, safer and more beautiful.

For more information on the Adopt-A-Place program or Together We Can please call 619-336-4364



Corridor Updates- 8th Street Reporting

A new multi-use development will break ground this summer in National City, bringing housing opportunities, event space, and a mix of office and retail, including several fresh dining options, to the South Bay. The 136,000-square-foot site will land at 8th and B at 130 E. 8th Street. Scheduled to be completed in early 2021, the project is by Malick Infill Development and Protea Properties and will feature the first solo restaurant from Chef Phillip Esteban. It's a homecoming for the chef, who grew up in National City and earned his culinary arts degree from the Arts Institute of San Diego.

Full Story [Here](#)- courtesy of Eater San Diego



National City's first public market has broken ground! The Market on 8th is located on the corner of 8th Street and A Avenue and will be home to a brewery, restaurants and retailers.

Property Owner and Developer Joel Tubao had this to say about the project, "Our goal is to give the community of National City a local spot that provides the best of what San Diego has to offer. Market on 8th will be the place where locals and visitors can bond over a cold beer, enjoy gourmet coffee and exciting eats, hang out, relax or even get some work done."



**TOGETHER
WE
CAN!**

Flu Vaccinations come to National City Fire Department

**FREE
FLU
SHOT**



The National City Fire Department is teaming up with Point Loma Nazarene University Nursing Program to bring free flu vaccinations to National City. This is the first flu vaccination clinic in San Diego County hosted by a fire department. Fire Station #34 (343 E. 16th St.) will be the site of the clinic. We are still working out the details for when the clinic will be up and running but hope to offer clinic hours two days a week beginning in August. The vaccinations are intended for uninsured or underinsured National City residents, but all are welcome.

For additional information please call 619-336-4550 or email fparra@nationalcityca.gov or srobinson@nationalcityca.gov



BEFORE AN EARTHQUAKE

- Bolt bookcases and other heavy furniture to wall studs.
- Install latches on cupboards and secure your water heater.
- Think ahead about where you will go if shaking occurs while at home.
- Know how to shut off gas and water main lines in case of a leak.

DURING AN EARTHQUAKE

- Retreat to your safe room or take cover immediately under a desk or table immediately and hold on until shaking stops.
- Stay put and stay indoors until the shaking stops and it's safe to leave.
- Make sure to keep away from windows and anything that could fall on you.
- If you are outside when the earthquake starts, do your best to find a clear spot away from tall buildings, power lines and even trees.

AFTER AN EARTHQUAKE

- Stay away from damaged buildings as they may still collapse, and do not move injured people unless it's absolutely necessary to get them to safety.
- In the case of a major earthquake, it is possible to get stuck and stranded inside your own home. You should prepare an earthquake prep kit with: non-perishable food, an emergency water supply (at least 1 gallon per person in your home), dust masks, goggles, a flashlight and a battery-operated radio (with extra batteries).
- If anything has collapsed, make sure to wear your mask and goggles, as well as quality shoes to protect your feet from broken glass.
- Use your emergency radio to monitor the overall situation in your area and receive the latest updates and instructions.



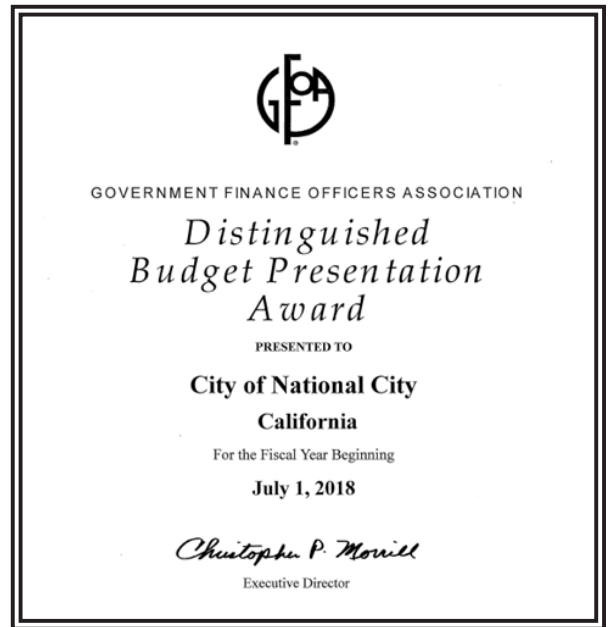
National City Wins Award for Financial Reporting

The Government Finance Officers Association (GFOA) has awarded its Certificate of Distinguished Budget Presentation to the City of National City for fiscal year 2019 budget.

The award represents a significant achievement by the City. It reflects the commitment of the City Council and staff to meet the highest principles of governmental budgeting. In order to receive the budget award, the City had to satisfy nationally recognized guidelines for effective budget presentation. These guidelines are designed to assess how well an entity's budget serves as:

- a policy document;
- a financial plan;
- an operations guide;
- a communications device.

For more information on the City's Budget [Click Here](#)



The poster features a pink background with a diamond pattern. At the top left, a green dotted circle contains the word "Free!". In the top center is the National City logo, which includes "CALIFORNIA", "NATIONAL CITY", "1887", and "INCORPORATED". The main title "NATIONAL CITY GETS ACTIVE!" is in large, bold, green letters. Below it, "OPEN HOUSE" is in blue, followed by "FUN AND INTERACTIVE DEMONSTRATIONS AT THE PARK" and "BREAKFAST AND ARTS & CRAFTS FOR KIDS" in smaller blue text. A central box with a double border contains the date and time: "SATURDAY, SEPTEMBER 14, 2019 AT 9:00 AM". Below this, it states: "Only registered & present participants will have the opportunity to participate.", "Parent must be present", "Check in starts at 8:45 AM", and "Breakfast starts at 10:00am". A row of six icons represents different activities: musical notes, a person jumping, two people holding hands, a basketball hoop, a soccer ball, and a green hummingbird. The location "AT KIMBALL PARK" and "12TH ST & A AVE, NATIONAL CITY" is listed below the icons. At the bottom, it says: "REGISTER ONLINE BY SEPT 3RD, SPACE IS LIMITED!", "WWW.NATIONALCITYCA.GOV/NCGETSACTIVE", and "FOR MORE INFORMATION: 619-336-4290".

A stylized graphic of the American flag, featuring a blue field with white stars in the upper left corner and red and white stripes flowing across the rest of the page. The flag is semi-transparent, allowing the text to be visible through it.

National City Firefighters Annual 9/11 Breakfast & Remembrance Ceremony

This marks the 18th anniversary of the attacks that took the lives of 411 emergency workers who responded to the scene and died as they attempted to implement rescue, fire suppression efforts.

Wednesday, September 11, 2019

Breakfast: 7:00 am-8:30 am

Remembrance Ceremony: 8:45 am-9:30 am

National City Fire Station Headquarters

343 E. 16th St. National City, CA 91950

All off duty Firefighters are requested to wear Class "A" uniforms



2ND ANNUAL SAN DIEGO REGIONAL TEDDY BEAR GOLF TOURNAMENT

SEPT 20

FRIDAY | 2019

WILLOW GLEN COURSE

Singing Hills Golf Resort at Sycuan
3007 Dehesa Rd, El Cajon, CA
92019

REGISTRATION FEES:

- \$125 – INDIVIDUAL PLAYER
- \$500 – FOURSOME TEAM
- \$40– DINNER FOR GUEST

*FEES WILL INCREASE AFTER 7/26/2019

REGISTRATION FEE

INCLUDES:

- BREAKFAST/DINNER
- GOLF CART
- GOLF BALLS

[CLICK HERE TO REGISTER ONLINE NOW!](#)

CHECKS PAYABLE TO:

National City Police & Fire Foundation
710 E 16th St. #3138
National City, CA 91950

***Please write: "Teddy Bear Drive Golf" in the memo section of the check

SCHEDULE:

- 8:30 – CHECK IN
- 8:45 – PRE-TOURNAMENT GAMES
- 10:00—SHOTGUN START
- 5:00 – BANQUET (AWARDS, RAFFLE)

[**TO REGISTER ONLINE, GO TO WWW.NCPOLICEANDFIREFOUNDATION.ORG**](http://WWW.NCPOLICEANDFIREFOUNDATION.ORG)

**CONTACT OFFICER CHAD SAKAMOTO AT 619-336-4425 FOR MORE INFORMATION **

CALIFORNIA
NATIONAL CITY
1837
INCORPORATED

NATIONAL CITY'S
12TH ANNUAL

A Kimball Holiday



- Ice Skating
- Train Rides
- Snow Hill
- Ferris Wheel

- Santa's Village
- Arts & Crafts
- Entertainment
- Food Trucks

Saturday, December 14, 2019

3:00 pm - 9:00 pm

For more information: 619.336.4290
communityservices@nationalcityca.gov

Community Services



Community Services Department

Recreation Superintendent Audrey Denham
 Recreation Center Supervisor Juanita Castaneda
 Recreation Center Supervisor Elyana Delgado
 Recreation Center Supervisor Maria Wright
 Recreation Sr. Office Assistant Karina Lopez

Recreation Centers

Main Office MLK Rec center 619-336-4290
 Camacho Recreation Center 619-336-6756
 Manuel Portillo Casa De Salud 619-336-6757
 Youth Center
 Kimball Senior Center 619-336-6760
 Las Palmas Pool 619-336-6758
 El Toyon Recreation Center 619-336-4290
 Public Works 619-336-4580
 George H. Waters Nutrition Center 619-336-6752
 National City Library 619-470-5800

Recreation Center Open Hours



Camacho Recreation Center 1810 E 22nd St

Mon-Fri: 4:00pm-9:00pm
Sat-Sun: 9:00am-2:00pm

Las Palmas Pool 1800 E 22nd St

See page 26 for operation schedule



Casa De Salud Youth Center 1408 Harding Ave

Mon, Tue, Wed, Fri.: 3:00pm-7:00pm
Thurs: 2:00pm-7:00pm

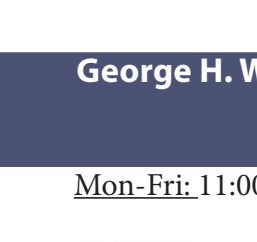
Kimball Senior Center 1221 D Ave

Mon, Wed, Thurs, Fri: 9:30am-4:30pm
Tue: 9:30am-2:30pm



MLK Community Center 140 E 12th St

Mon-Thu: 7:00am-6:00pm



George H. Waters Nutrition Center 140 E 12th St

Mon-Fri: 11:00am-12:30pm



National City Library 1401 National City Blvd

Mon-Thu: 10:00am-8:00pm
Sat-Sun: 1:00pm-5:00pm
Friday: Closed

2019 SUMMER MOVIES IN THE PARK

Summer Movies in the Park is a perfect chance to relax & enjoy a safe & special night under the stars.

Free evening movies all summer long for the whole family

DATE	LOCATION	MOVIE
Tuesday, Aug. 6	Kimball Park	<i>The Greatest Showman</i>
Saturday, Sept. 7	Las Palmas Pool	<i>How to Train Your Dragon: the Hidden World</i>
Saturday, Sept. 28	Kimball Park	<i>Hocus Pocus</i>

Movies will begin 15 minutes after sunset

Come early and get a good seat.

Presented by

produced by

For Full Series Schedule Visit:
<http://www.summermoviesinthepark.com/>



Upcoming City Events

September



7

Summer Movies in the Park

Las Palmas Pool

14

NC Gets Active & Community Breakfast

Kimball Park

28

Summer Movies in the Park

Kimball Park

October



12

Family Tennis Day

El Toyon Park

November

16

Ornament Workshop

Kimball Senior Center

23

Ornament Workshop

Camacho Recreation Center

December



7

Ornament Workshop

Manuel Portillo Casa de Salud

14

NC Gets Active & Community Breakfast

Kimball Park

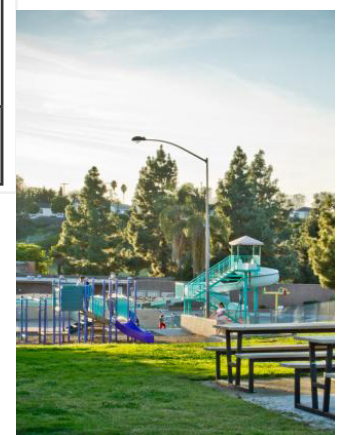
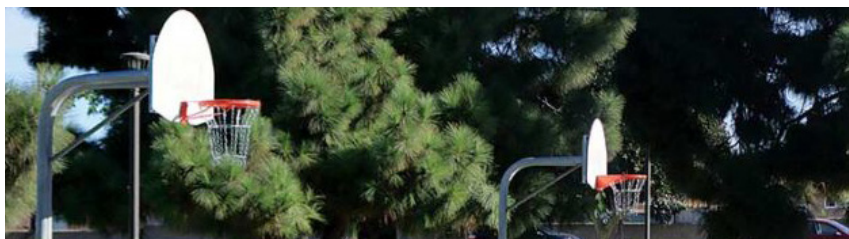
14

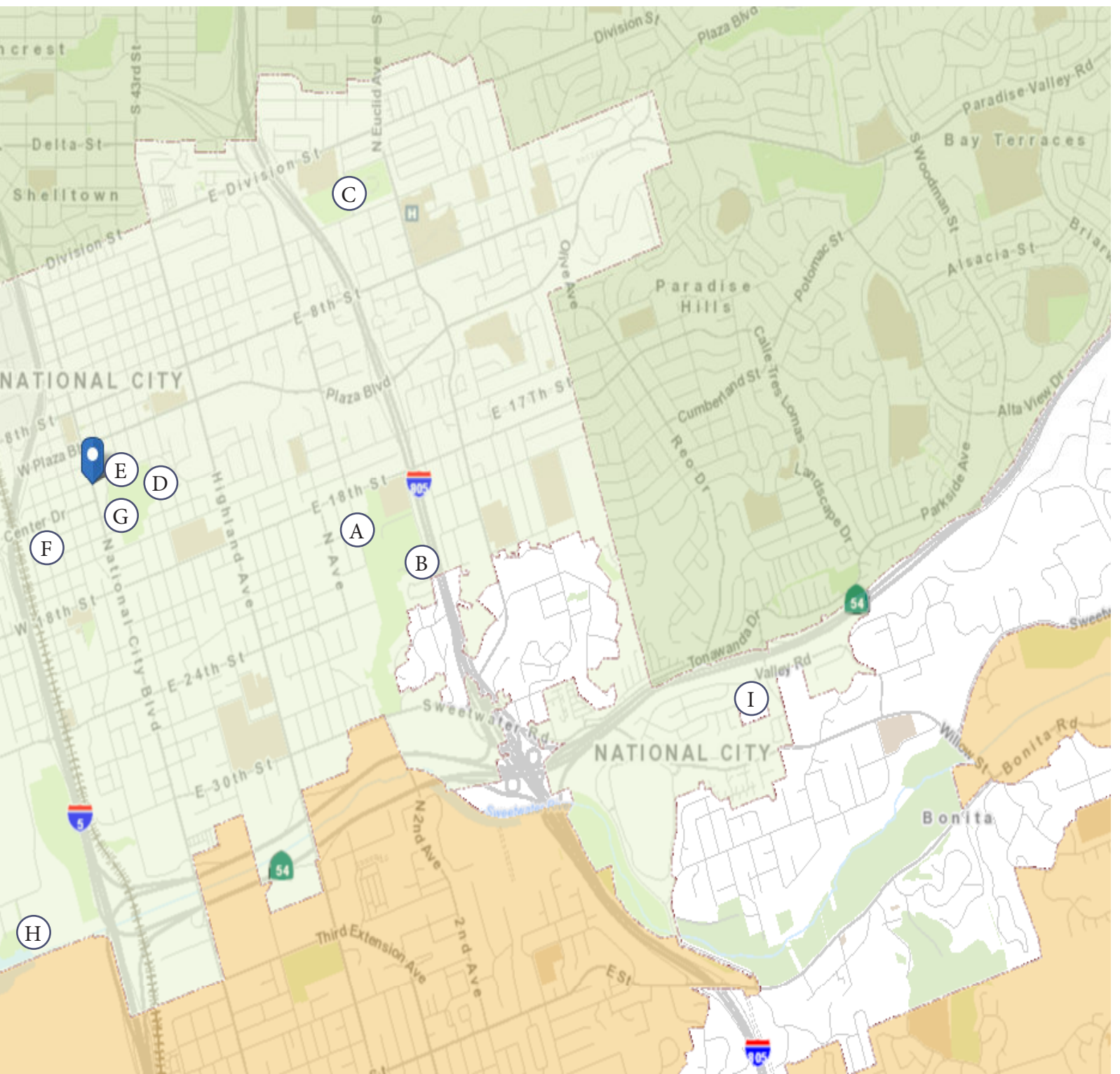
A Kimball Holiday Kimball Park



Recreation & Park Facilities

	Map Key	Rec center/ Mtg Rm	Multipurpose Field	Basketball Courts	Playground	Rest Rooms	Picnic Table	Tennis Courts	Fitness Area	Gymnasium	Ballfield	Amphitheater	Off-leash Dog Parks
Butterfly Park Palm Ave. and E. 22nd St.	A						✓						
Camacho Recreation Center 1810 E 22nd St	B	✓		✓		✓			✓	✓			
Las Palmas Park Newell and E. 22nd Street	B	✓			✓	✓	✓	✓			✓		
Las Palmas Pool 1800 E 22nd St	B	✓		✓		✓							
El Toyon Park 2005 E 4th St	C	✓	✓	✓	✓	✓	✓	✓	✓				✓
El Toyon Recreation Center 2005 E 4th St	C	✓				✓							
George H. Waters Nutrition Center 140 E. 12th St.	D	✓				✓							
Kimball Senior Center 1221 D Ave	D	✓				✓	✓		✓				
Kimball Park E 12th St, National City	E	✓		✓	✓	✓	✓				✓	✓	
MLK Community Center 140 E. 12th St.	E	✓				✓							
Manuel Portillo Casa De Salud Youth Center 1408 Harding Avenue	F	✓		✓		✓			✓				
National City Library 1401 National City Blvd	G	✓				✓							
Pepper Park 3299 Tidelands Ave (Operated by Port of San Diego)	H	✓			✓	✓	✓						
Sweetwater Heights Park Cagle St. and Bonita Heights Ln	I			✓	✓								





Visual & Performing Arts



Arts & Crafts

Arts & Crafts is a fun way to improve artistic skills and learn how to be creative. In this class, you will be guided through new arts & crafts projects to take home and display. Each craft will encourage you to express your creativity.

Instructor: Recreation Staff

6 - 10 years

Resident \$15 / Non-resident \$25

8/26 - 10/28

Facility	Session	Time	Day(s)	Activity #
Camacho	A	6:00-6:45pm	M	5065
Camacho	B	5:00-5:45pm	W	5066



Hip Hop

Hip-Hop is a fun, exciting, and energetic class that focuses on the most popular dance moves as well as develop coordination, body awareness, build self-esteem and promote confidence.

Learn the fundamental Hip-Hop moves and fun choreography. There will be performance opportunities available.

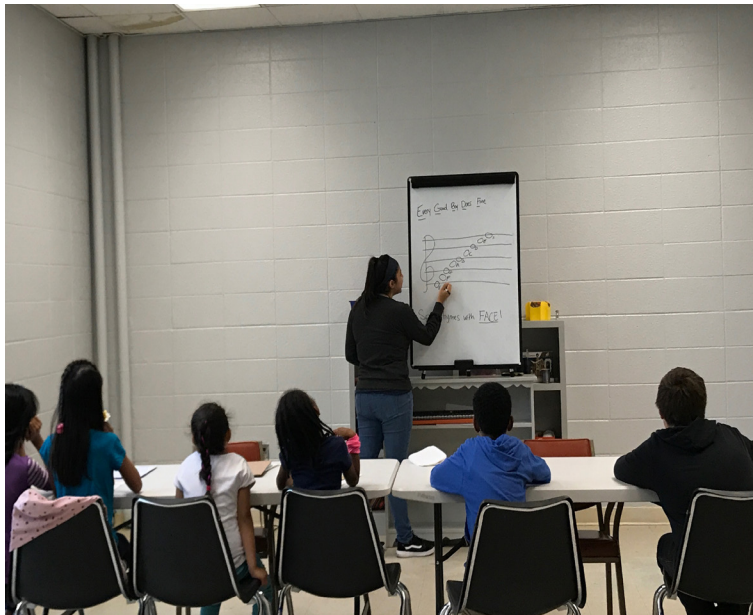
Instructor: Recreation Staff

7 - 13 years

Resident \$15 / Non-resident \$25

8/26- 10/28

Facility	Time	Day(s)	Activity #
Camacho	5:00-5:50pm	Mon.	5078



Music Foundations

Music is a fun way to stimulate learning and build confidence. In this class, you will learn how to read music, count rhythms, learn vocal techniques, and learn to sing in a group setting. There will be performance opportunities available. No instrument is required for this class.

Instructor: Mrs. Cassandra

6 - 12 years

Resident \$25 / Non-resident \$35

8/26 - 11/3

Facility	Time	Day(s)	Activity #
Camacho	5:15-6:00pm	T/Th	5079

MIXXED FIT (Dance Fit)

A people inspired dance fitness format that includes bootcamp toning using body weight and explosive/exaggerated dancing. The playlist consists of familiar top 100 music, which students love on the radio and can dance to.

Instructor: Nhekilyn De Lara

8 and older

Resident \$ 40/ Non-resident \$63/ Drop-in \$8

8/26 - 11/3

Facility	Time	Day(s)	Activity #
Camacho	9:30-10:30am	Sun.	5085



Beginning Guitar

Guitar for beginners. In this class, you will learn guitar techniques and warm ups, reading music and applying it to the guitar, basic guitar skills, and learn to play songs in a group/ensemble setting. There will be performance opportunities available. You must bring your own guitar.

Instructor: Mrs. Cassandra

12 - 17 years

Resident \$30 / Non-resident \$40

8/27 - 10/31

Facility	Time	Day(s)	Activity #
Camacho	6:15-7:00pm	T/Th	5071





Martial Arts



Capoeira Angola

Capoeira Angola is an Afro-Brasilian dance and martial arts. This class is a combination of dance, music, and martial arts.

Instructor: James Diokno

10+ years

Twice a week - Monday & Tuesday

Resident \$208 / Non-residents \$312

Once a week - Monday or Tuesday

Resident \$130 / Non-residents \$195

Drop-in

Resident \$12 / Non-resident \$15

8/26 - 11/19

Facility	Time	Day(s)	Activity#
El Toyon	6:00-8:00pm	M/T	5082
El Toyon	6:00-8:00pm	M	5083
El Toyon	6:00-8:00pm	T	5084



Traditional Karate

Karate is a Japanese combat technique without weapons. The training is focused on developing the whole body as a weapon itself. The classes consist of the training of blocks, strikes, kicks and self-defense techniques, considering that the essence relies on the improvement of the mental, spiritual, and physical aspects of the practitioners.

Instructor: Sensei Torres & Sensei Ureña

6 - 11 years & 12 - Adult

Resident \$160 / Non-resident \$180

8/26 - 11/3

Facility	Div.	Time	Day(s)	Activity#
MLK	Youth	6:30-7:30pm	M/W	5087
MLK	Teen / Adult	7:30-9:00pm	M/W	5088

Sports & Recreation

Soccer Clinics

Introducing you to the beautiful game of soccer in a creative, age appropriate, non-competitive setting. This clinic is filled with drills and games to improve your skills. The clinic focuses on soccer essentials, giving every player the tools they need to succeed.

Instructor: Recreation Staff

6 - 11 years

Resident \$20 / Non-Resident \$27

8/26 - 11/3

Facility	Div.	Time	Day(s)	Activity #
Camacho	8U	4:00-5:00pm	W/F	5081
Camacho	11U	5:00-6:00pm	W/F	5080

After School Tennis



**YOUTH
TENNIS
SAN DIEGO**

A fun Way for children to learn the basic fundamentals of tennis.

Rackets and tennis balls provided for all students

Session #1: Aug 22 - Sept 26

Session #2 Oct 3 - Nov 7

Instructor: Lindsey Vosburgh, Santiago Jaquez

3rd-6th Grade Students

\$6 for for 6 weeks

Facility	Session	Time	Day(s)	Activity#
Camacho	1	2:30-3:30pm	Th	5089
El Toyon	1	1:30-2:20pm	Th	5090
Camacho	2	2:30-3:30pm	Th	5092
El Toyon	2	1:30-2:20pm	Th	5091

Players Holiday Basketball Program

The Players Holiday basketball program is for boys and girls to develop and refine their basketball skills in a fun, relaxed atmosphere. This program uses drills and scrimmage games to improve each players individual and team basketball skills. The focus is on individual improvement and game strategy to prepare players for league play. Basketball experience is not required.

Instructor: Coach Anderson

5- 12 years

Resident \$25/ Non-Resident \$33

8/27- 10/29

Facility	Div.	Time	Day	Activity #
Camacho	girls: K-2nd	5:00-6:00pm	T	5067
Camacho	girls: 3rd-6th	6:00-7:00pm	T	5068
Camacho	boys: K-2nd	5:00-6:00pm	Th	5093
Camacho	boys: 3rd-6th	6:00-7:00pm	Th	5094

Game Night Fridays

You'll enjoy playing board games, card games & other interactive games! Games will be provided! All ages are welcomed but games are intended for ages 6 to 13.

Instructor: Recreation Staff

6 - 13 years

Free

8/26 - 11/3

Facility	Time	Day(s)	Activity #
Camacho	6:00-7:00pm	F	5077



Senior Programs

Kimball Senior Center Activities

The Senior Center houses two senior clubs within the same building. Each club has their own board of officers comprised of members who help plan activities and events in conjunction with the City of National City Community Services Department's schedule of senior citizen programs.

On Tuesdays and Fridays, the center has open play hours with activities like exercise classes, card games, billiard play and other socialization activities. We invite you to come in and take a tour. For more information on our activities, feel free to call hour staff at 619-336-6760.

Kimball Senior Club

The Kimball Seniors Club was established in the 1980's. They meet on Mondays and Thursdays. They host various leisure activities opened to the public.

50 years+

\$15 annual membership

	Time	Day
Board Meeting	1:00pm-2:00pm	1st Monday
Activities opened to the public	9:30am-4:30pm	Mon./Thur.
Dances	1:00pm-3:30pm	2nd & 4th Mondays

Casa de Salud Senior Club

The Casa de Salud seniors club was established in the 1960's. They meet on Wednesdays. They host various leisure activities opened to the public.

50 years+

\$15 annual membership

	Time	Day
Board Meeting	1:00pm-2:00pm	1st Wednesday
Activities opened to the public	11:00am-4:30pm	Wednesdays
Dances	1:00pm-3:30pm	3rd & 5th Wednesdays

Upcoming Senior Dances

August

12th - Summertime with Sr. Piña

21st - Hawaiian With Sr. Piña

26th - Happy Days with Juan Robles

September

16th - Western with Juan Robles

18th - Mexican Fiesta with Juan Robles

30th - Fall/Autumn with Juan Robles

October

14th - Fall time with music By DJ Lupillo

16th - Autumn time

28th - Halloween with music by Juan Robles

30th - Halloween II with costume contest

S.D. Food Bank Senior Food Distribution

Fourth Thursday of every month.

Distribution times: 9:00 AM-12:00 PM.

The Senior Food Program is a federal program that provides monthly supplemental food packages to income-eligible senior citizens aged 60 and over. Call the Food Bank at 1-866-350-FOOD (3663) to speak with a staff member for more information.

What types of food are distributed?

The box usually contains the following items: reduced-fat milk, instant non-fat milk, canned meats, peanut butter, canned fruits and vegetables, cheese, rice, pasta, fruit juice and cereal.



SENIORS, JUST WANT TO HAVE FUN!

Thursday is Game Day at the Kimball Senior Center. The fun begins at 9:30 am until 4:30 pm

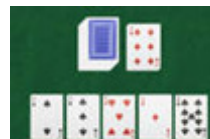
Canasta & Card Games



Billiard Buddies



Tonk Games



Bunco Games



Kimball Senior Center Hours

Monday, Wednesday,
Thursday, Friday
9:30am-4:30pm
Tuesday
9:30am-2:30pm
Saturday & Sunday
Closed

Kimball Senior Club Annual Rummage Sale



Saturday
September 21, 2019
8:00am-1:00pm

1221 D Avenue National City, CA
corner of 12th and D Avenue

For more info call
619-336-6760

National City Library

Yoga for All!

National City residents have enjoyed the free yoga classes offered at the library for the past five years! Both the Monday morning and Wednesday evening classes have been well attended since the program began with a core group of students attending every week. Everyone is welcome regardless of experience level and the classes have become much more than a great yoga class, it's a place to meet up with friends and feel part of the community.



Gloria Bird Memorial-Free Book Giveaway

The numbers are in from the Gloria Bird Memorial Book Giveaway held in the library's children's room in May. Over 1300 kids walked away with a brand-new book to call their own! Many thanks to the Friends of the Library for funding the efforts to encourage kids to read by letting them choose and keep a book to read over the summer!

Adult Crafts

We recognize there are a lot of creative people in National City and the library provides the perfect outlet for all that creativity. Each month library staff plan a different craft, it might be something seasonal like a Thanksgiving table decoration or perhaps you would like to learn how to weave a paper basket or maybe jewelry making is more your speed. Whichever craft we do, the library provides all the materials and instruction. In a relaxed and casual environment everyone learns the basic steps of making that month's craft and puts their own individual touch on it. By the end, each person leaves with an original creation and the ability to make more on their own.

Basic Computer Classes

Starting tentatively in August or September:

English Morning classes: Monday and Wednesday
11am to 12:30pm

English Afternoon classes: Monday and
Wednesday 2pm to 3:30pm

Spanish Morning classes: Tuesday and Thursday
11am to 12:30pm

Spanish Afternoon classes: Tuesday and Thursday
2pm to 3:30pm

ESL classes

Want to improve your English listening, speaking, reading, and writing? We provide free ESL classes! Inquire about more information by calling or emailing us here at Literacy Services at the National City Public Library!

¿Quieres aprender y mejorar tus habilidades en inglés? Ofrecemos clases de ESL gratis! ¡Solicite más información llamando o enviándonos un correo electrónico al departamento de Literacy Services en la Biblioteca Pública de National City!

Call us at 1-619-470-5860 or email literacy@nationalcitylibrary.org

Story Time

Kids, join us for some stories, a snack and a free book!

Every Monday from 6-6:30pm

Become a Literacy Tutor!

Make an impact on our community!

As a Literacy Tutor, you can tutor our learners in GED, HiSet, ASVAB, citizenship, computer literacy, ESL, science, reading and writing, and math! Call 1-619-470-5860 or email literacy@nationalcitylibrary.org for more information!



Children's Poetry Workshop

On June 20th, the National City Library hosted local writer and college professor, Sonia Gutierrez, who held a workshop for children aged 6-12 exploring what makes a poem a poem. Ms. Gutierrez then led the participants in their efforts to write poems of their own. The children and parents who attended were very happy for the experience, and are looking forward to seeing all of their works published later this year in the 2019 Kids! San Diego Poetry Annual, a copy of which will be cataloged and added to the library's collection!

The Little Library

Have you ever noticed on your walks a "little library" box by the sidewalk, where neighbors can swap books after they've read them? They're popping up all over San Diego County and now we have one here in Kimball Park! As part of its outreach efforts, the National City Library has installed one on its north side, along the path that runs between the playground and the library. We've "seeded" the box with books to get it started, and encourage passersby to "take a book, leave a book." We are hoping that as people become aware of its presence, it will turn into a go-to place for people to share good books they've read with their neighbors!

Dial-a-Story

Did you know that kids can call The National City Library Storyline at 619-470-5814 any time, day or night to hear a recorded story? There's a new story every week!



Face Behind the Art Series

Summer heats up when several artists visit the library to join us for the fourth annual celebration of local artists The Face Behind the Art. This year we will have three celebrated artists visit the library to talk about their lives and their works.

On August 5th, at 6 pm, the library will host Adrián Arancibia. Mr. Arancibia is an author, critic and educator who currently works as a professor of English and Creative Writing at Miramar Community College. A published author and poet, he is also one of the founders of the seminal Chicano/Latino performance poetry collective Taco Shop Poets.

Visiting the library on August 12th at 6 pm visual artist James Watts will discuss his works and life. Mr. Watts is a noted sculptor and mixed media artist who has worked on noted projects exploring mortality (The Bone Project) and heritage (Kokeshi Dolls).

On August 26th, at 6 pm, poet and journalist Adolfo Guzman-Lopez will talk about his connections with National City and the role it has played on his works. A reporter on public radio Mr. Guzman-Lopez has been involved in the arts and education all his life and a plaque commemorating his poem that he wrote for the opening of the National City Library can be seen inside the entrance to the library.

The programs will be hosted by award winning artist and educator David Avalos.



Teen Leadership Committee

Calling all teens! Do you want to make a difference in your community, gain leadership experience, make friends and have fun? The Teen Leadership Committee at the National City Library is recruiting teens 18 and under to help make the library teen friendly, participate in outreach activities and help develop teen programs. The TLC meets once a month and to sign up all you have to do is fill out the application [here](#).



National City Public Library has teamed up with A Reason To Survive (ARTS), in bringing some amazing new artwork to the Literacy Services Department. Come check out the new artwork anytime starting July 22nd. Who are the ARTS? Checkout their mission statement and spread the word!

Our mission is to ignite the power of creativity in youth, inspiring them to overcome obstacles and providing them with the skills needed to become compassionate catalysts for positive change in themselves, their communities, and the world.

Las Palmas Pool Aquatic Activities

Summer Swim Schedule

Monday/Wednesday PM

August (5th-28th)

September (2nd-25th)

October (Sept. 30th-Oct 23rd)

Parent-Child/Tiny Tot Classes (6 months – 4 years)

Parent Child:

4:00pm

Minnow (2-4 years):

3:30pm

Preschool Classes (3 – 5 years)

Tadpole:

3:30pm, 4:30pm,

5:00pm, 6:15pm

Turtle:

4:00pm, 5:45pm

Seal:

5:00pm, 6:15pm

Youth Classes (6 – 12 years)

Stingray:

3:30pm, 4:00pm,

4:30pm, 5:00pm

6:15

Otter:

4:30pm, 5:45pm

Dolphin:

4:30pm, 5:45pm

Stroke Development

5:45pm

Pre-Teen and Teens (12-17 years)

6:15pm (Combo)

Adult (18+ years)

5:00pm (Combo)

Private Lessons

3:30pm, 4:00pm,

5:00pm, 5:45pm,

6:15pm,

Tuesday/Thursday PM

August (6th-29th)

September (3rd-26th)

October (1st-24rd)

Parent-Child/Tiny Tot Classes (6 months – 4 years)

Parent Child:

4:00pm

Minnow (2-4 years):

3:30pm

Preschool Classes (3 – 5 years)

Tadpole:

3:30pm, 4:30pm

5:00pm, 6:15pm

Turtle:

4:00pm, 5:45pm

Seal:

5:00pm, 6:15pm

Youth Classes (6 – 12 years)

Stingray:

3:30pm, 4:00pm,

4:30pm, 5:00pm

6:15pm

Otter:

4:30pm, 5:45pm

Dolphin:

4:30pm, 5:45pm,

Stroke Development

5:45pm

Pre-Teen and Teens (12-17 years)

6:15pm (Combo)

Adult (18+ years)

5:00pm (Combo)

Private Lessons

3:30pm, 4:00pm,

5:00pm, 5:45pm,

6:15pm,

Saturdays

August (3rd-31st)

September (7th-28th)

October (5th-26th)

Parent-Child/Tiny Tot Classes (6 months – 4 years)

Parent Child:

11:15am

Minnow (2-4 years):

10:30am, 12:15pm

Preschool Classes (3 – 5 years)

Tadpole:

9:00am, 10:00am,

11:15am, 12:15pm

Turtle:

9:30am, 10:30am

Seal:

9:00am, 10:00am

Youth Classes (6 – 12 years)

Stingray:

9:00am, 9:30am,

10:00am, 10:30am,

11:45, 12:15pm

Otter:

9:30am, 10:30am,

11:45am

Dolphin:

10:00am, 11:45am,

Stroke Development

9:00am

Pre-Teen and Teens (12-17 years)

11:45am (Combo)

Adult (18+ years)

10:30am (Beginners)

11:15am (Intermediate)

Private Lessons

9:00am, 9:30am, 9:30am,

10:00am, 10:30am, 11:15am,

11:45am, 12:15pm, 1:00pm,

1:30pm, 2:00pm, 2:30pm,

Lap & Recreational Swim (cost per session)

Youth (ages 0-12)	Residents	\$1
	Non-Residents	\$3
Adults (ages 13 and 64)	Residents	\$3
	Non-Residents	\$4
Seniors (ages 65 and over)	Residents	\$1.50
	Non-Residents	\$3

GEX Aqua Classes

Adults (ages 18 and 64)	Residents	\$3
	Non-Residents	\$4
Seniors (ages 65 and over)	Residents	\$1.50
	Non-Residents	\$3

GEX, Lap & Recreational Swim 30 Session Pass

Youth (ages 0-12)	Residents	\$20
	Non-Residents	\$45
Adults (ages 13 and over)	Residents	\$45
	Non-Residents	\$60
Seniors (ages 65 and over)	Residents	\$30
	Non-Residents	\$45

1. Passes expire 6 months after the purchase date and any remaining visits are lost.

Masters Swim

Adults (ages 18 and over) -USMS Membership is required after the first 30 days. Member ship costs \$61/year	\$30/month
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***All sales are final and no refunds will be issued for programs, daily visits, or pool passes. We do not accept bills larger than \$20.**

Group Swimming Lesson Rates¹

4 Class Session	Residents	\$20
	Non-Residents	\$28
5 Class Session	Residents	\$25
	Non-Residents	\$35
6 Class Session	Residents	\$30
	Non-Residents	\$42
7 Class Session	Residents	\$35
	Non-Residents	\$49
8 Class Session	Residents	\$40
	Non-Residents	\$56
9 Class Session	Residents	\$45
	Non-Residents	\$63
10 Class Session	Residents	\$50
	Non-Residents	\$70

Open Enrollment Private Swimming Lesson Rates^{1,2}

4 Private Lessons	Residents	\$80
	Non-Residents	\$120
5 Private Lessons	Residents	\$100
	Non-Residents	\$150
6 Private Lessons	Residents	\$120
	Non-Residents	\$180
7 Private Lessons	Residents	\$140
	Non-Residents	\$210
8 Private Lessons	Residents	\$160
	Non-Residents	\$240
9 Private Lessons	Residents	\$180
	Non-Residents	\$270
10 Private Lessons	Residents	\$200
	Non-Residents	\$300

1. All lessons are available on a first-come first-serve basis and payment is required upon registration.
 2. Private lessons are available for open registration and run during the same time frames as our group lessons. Refer to our schedule for session times and dates. These lesson will only be made-up when possible.
 3. Any private lessons requested outside of our usual swim lesson hours will be added to our private lesson waitlist and scheduled at the earliest convenience based on our staff availability, facility needs, and available pool space at the times requested. Cancellations must be made at least 24 hours in advanced or the lesson will be lost. Make-up lessons will be scheduled as soon as possible.
- *All sales are final and no refunds will be issued for programs, daily visits, or pool passes. We do not accept bills larger than \$20.

Fall 2019 Pool Schedule

July 28th – October 26th

1. There will be 2-5 lap lanes available based on pool space needed. Lanes must be shared and circle swimming may be necessary.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GROUP EXERCISE (Ages 14+)	–	11:30a-12:30p (Deep Water)	12:00p-1:00p	11:30a-12:30p	12:00p-1:00p (Deep Water)	11:30a-12:30p	11:00a-12:00p
LAP (Ages 14+)	1:00p-3:00p ^{1,2} 3:30p-5:30p ^{1,2}	5:30a-1:00p ^{1,2} 3:30p-6:30p ^{1,2}	5:30a-3:00p ^{1,2} 3:30p-6:30p ^{1,2}	5:30a-1:00p ^{1,2} 3:30p-6:30p ^{1,2}	5:30a-3:00p ^{1,2} 3:30p-6:30p ^{1,2}	5:30a-1:00p ^{1,2} 3:30p-5:30p ^{1,2} 6:00p-8:00p ^{1,2}	7:00a-9:00a ^{1,2} 1:00p-3:00p ^{1,2} 3:30p-5:30p ^{1,2}
LAP POOL RECREATIONAL/ FAMILY SWIM	1:00p-3:00p ² 3:30p-5:30p ²	N/A	1:00p-3:00p ²	N/A	1:00p-3:00p ²	3:30p-5:30p ² 6:00p-8:00p ²	1:00p-3:00p ² 3:30p-5:30p ²
ACTIVITY POOL RECREATIONAL/ FAMILY SWIM	N/A	4:00p-6:00p ²	4:00p-6:00p ²	4:00p-6:00p ²	4:00p-6:00p ²	N/A	1:00p-3:00p ² 3:30p-5:30p ²
SUHSD/ Pool Rental[^]	–	7:00p-10:00p	7:00p-10:00p	7:00p-10:00p	7:00p-10:00p	N/A	N/A
Swim Lessons	–	3:30p-6:45p (M/W)	3:30p-6:45p (T/TH)	3:30p-6:45p (M/W)	3:30p-6:45p (T/TH)	–	9:00a-1:00p
Masters Swim	–	6:00a-7:15a	6:00a-7:15a	6:00a-7:15a	6:00a-7:15a	6:00a-7:15a	–
Swim Lesson Registrations³	4:30p-5:30p	5:30a-1:00p 5:00p-6:30p	5:30a-1:00p 5:00p-6:30p	5:30a-1:00p 5:00p-6:30p	5:30a-1:00p 5:00p-6:30p	5:30a-12:30p 4:30p-8:00p	7:00a-12:00p 4:30p-5:30p

2. Swim fees only apply to one session. Prices are not prorated.
3. Swim lesson registrations will only be completed at the times listed to allow quicker lines during recreational swim hours.
4. Refunds are not given for any entry or program fees.

[^] National City relies on rental revenue to support pool operations to open the pool to the public. As such, at times, space is reserved for the Sweetwater Union High School District (SUHSD), local youth club teams, and other rental groups.



George H. Waters

Nutrition Center

SENIOR LUNCH PROGRAM

MON-FRI 11AM-12:30PM

FOR SENIORS OVER 60 YEARS OF AGE
THERE IS A SUGGESTED DONATION OF \$3.50
FOR A LUNCH MEAL.

FOR ANYONE UNDER 60 YEARS OF AGE,
THERE IS A \$6.00 FEE FOR A LUNCH MEAL.



MARTIN LUTHER KING, JR. COMMUNITY CENTER
140 EAST 12TH ST. MEETING ROOM 2 (SOUTH ROOM)

Manuel Portillo Casa de Salud Youth Center

Welcome to the Youth Center!

The Manuel Portillo Casa De Salud Youth Center is a fun, safe space with free programs for youth ages 8-17 years old. Youth interested in participating must become a member by having their parents or legal guardians fill out a membership packet. Some of the programs offered at the youth center are tutoring, homework help, sports, board games, video games, field trips, youth leadership club, and arts & crafts. Monday through Friday the youth center provides its members with a daily snack.

Arts & Crafts

The Arts and Crafts program at Casa de Salud is opened to all members. Arts and Crafts day is every Tuesday in the classroom. During this scheduled activity, participants will learn to think and act like artists and encourage participant's creativity. Some arts and crafts activities are themed during holidays, the four seasons, and community building.

CALIFORNIA
NATIONAL CITY
1887
INCORPORATED

CASA DE SALUD YOUTH CENTER PRESENTS:
Fun Fridays!

VOTE FOR THE ACTIVITY OF YOUR CHOICE!

FIRST FRIDAY OF EVERY MONTH | CASA DE SALUD YOUTH CENTER | 1408 HARDING AVENUE | NATIONAL CITY, CA 91950

MUST BE A CASA MEMBER IN ORDER TO PARTICIPATE IN FUN FRIDAYS. FOR MORE INFORMATION VISIT OR EMAIL CASADESALUD2@NATIONALCITYCA.GOV

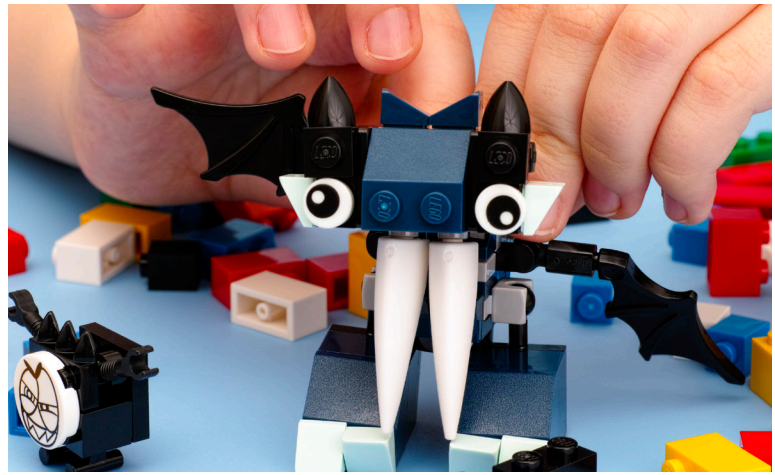
Mystery Activities

Every Wednesday and Thursday we will have a different recreational activity for all our members. They will compete with others in activities such as capture the flag, relay races, and four square.



Tutoring

Casa de Salud provides homework and subject-based academic help for all members. Tutoring services are Monday through Thursday from 3:30pm- 4:30pm in the classroom. Participants can drop-in during this hour for any questions on their homework or other academic assignments. If a participant needs more support with their academics, they can sign up for individual tutoring support.



Building Club

The Building Club is opened to members. The club meets Thursdays in the classroom. Participants will be able to build and create structures to solve different challenges. Legos and other materials are provided by Casa de Salud.

MANUEL PORTILLO
CASA DE SALUD
YOUTH CENTER

To participate youth must be a Casa Member. For more information about membership visit 1408 Harding Avenue National City, CA 91950, call (619)336-4290 or email communityservices@nationalcityca.gov

CALIFORNIA NATIONAL CITY 1837 INCORPORATED

**Space is LIMITED!
Casa Staff will take 10 members on a first come first serve basis!**

SAN DIEGO ZOO FIELD TRIP

Wednesday, 10/3/ 2019

City Vehicle will pick up Casa Members at 1:30 pm and will return to Casa at 5:00 pm

ASK CASA STAFF FOR A PERMISSION SLIP!

MANUEL PORTILLO
CASA DE SALUD
YOUTH CENTER

CALIFORNIA NATIONAL CITY 1837 INCORPORATED

Bowlero Bowling Field Trip

FIELD TRIP WILL BE HELD ON
09.26.19 | 3:15-6:00PM
@ BOWLERO CHULA VISTA

City van will pick up Casa Members at 3:15pm and will return to Casa at 6:00pm

Space is LIMITED!
Casa Staff will take 6 members on a first come first serve basis!!

In order to participate youth must be a Casa Member. For more information about membership visit 1408 Harding Avenue National City, CA 91950 or email casadesalud2@nationalcityca.gov

WEEKLY SCHEDULE

AUGUST
SEPTEMBER 2019
OCTOBER

FREE SNACK FOR MEMBERS AT 5PM MONDAY-FRIDAY

MONDAY

Tutoring
 Soccer
 Dodge ball
 Board Games
 Video Games
 Computers



TUESDAY

Technology Free Tuesday
Arts and Crafts
 Tutoring
 Dodgeball
 Board Games



WEDNESDAY

Tutoring
 Mystery Activity
 Board Games
 Video Games
 Computers



THURSDAY

Tutoring
 Mystery Activity
 Board Games
 Video Games
 Computers
 Building Club



FRIDAY

Fun Friday Activity
1st Friday of the month!
 Basketball
 Computers



FIELD TRIPS

Sept. 26th Bowling at Bowlero Chula Vista

Oct. 3rd San Diego Zoo

Space is Limited!



HIGHLIGHTS

Monthly Birthday Celebrations!



Oct. 29th Fall Festival with Costume Contest!
 (members only)



SHOUTOUTS

Thank you to youth Joseph Garcia for volunteering during Summer Lunches!



Thank you to our partners at Feeding San Diego for the free lunch program!

SAN DIEGO LAW ENFORCEMENT TEDDY BEAR DRIVE NEWSLETTER



Limited Edition "Spirit" Pin for sale
Only \$5!

In its 29th year since its founding in 1990, the National City Police Department has the pleasure of hosting the San Diego Law Enforcement Teddy Bear Drive benefiting Rady Children's Hospital. This charity effort raises donations to provide items of comfort benefiting the children in various hospital care units. This charity is now supported by more than 20 local, state, and federal law enforcement agencies in San Diego County.

HOW YOUR FUNDS HELP THE HOSPITAL

The Bereavement Program, which is funded entirely by philanthropy, provides counseling, quarterly Celebration of Life events, annual World-Wide Candle Lighting Day events and memory boxes to commemorate a life lost.

Your support will provide memory boxes for each family who has lost a child, These include a memory tile of the child's hand print, cardstock, a clip of hair, a mother's journal, recommendations for a therapist or support group, and a silver finger print charm



FUNDRAISER AT THE BROKEN YOLK

Thank you to everyone who participated in our Law Enforcement Day fundraiser at the Broken Yolk around the county. We're pleased to announce the Plaza Bonita location raised \$7,443 all which will befit the Teddy Bear Fund at Rady Children's Hospital.



DONATE NOW

[CLICK
HERE](#)

QUESTIONS?

For more information or to purchase the "Spirit" pin pictured above, contact Officer Chad Sakamoto at csakamoto@nationalcityca.gov or (619) 336-4425
Or check out our social media



UPCOMING EVENTS

- [September 20- Golf Tournament @ Sycuan](#)
Singing Hills golf course
- December 3- Law Enforcement Breakfast @ RCH

