

Our Community

SPRING 2019
NEWSLETTER

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City News



Community Service Day 2018

THE CITY OF NATIONAL CITY PLEDGES TO

Commitment. We strive for excellence, as we serve the public and each other with integrity, compassion, responsiveness, and professionalism. **Customer Service.** We provide excellent service to residents, businesses, visitors, and colleagues. **Courtesy.** We treat everyone with dignity and respect. **Communication.** We communicate openly, honestly, and with clear, consistent messages. **Collaboration.** We work to achieve common goals and value our differences.

WHO ARE WE?

WELCOME TO COMMUNITY SERVICES

We pride ourselves in providing services and cost effective programs which enhance the quality of life and encourage healthy living for community residents. Our mission is to provide excellent customer service and celebrate the community's diversity through social, cultural, and civic activities for youth, adults, and senior citizens.

COMMUNITY SERVICES STAFF

Martin Luther King Jr. Community Center Office Staff

Audrey Denham – Acting Community Services Director

Elyana Delgado – Recreation Center Supervisor

Juanita Castaneda – Recreation Center Supervisor

Maria Elena Wright – Recreation Center Supervisor

HOW TO SIGN UP FOR RECREATION PROGRAMS

WHERE TO REGISTER?

The City of National City would like to introduce, ActiveNet, a new online software that will be used to register and pay for city programs. This software will allow the public to register and pay online at no extra fee. With this new system the public will be able to look up details about city programs directly online and register from the comfort of their home or at MLK Community Center and Camacho Recreation Center.

JoinNatCity.com



REGISTRATION & SEASON DATES

Spring registration will open on February 11, 2019. Registration will close on the first Friday of the season or when the class has reached capacity.

The Spring Season will be a 10 week session beginning on February 25th through May 5th.

Summer Season Dates:

May 28th to August 4th

Summer registration will open on May 13, 2019. Registration will close on the first Friday of the season or when the class has reached capacity.

FEE INFORMATION

City Council approved a new User Fee Schedule on October 2, 2018. New fees will become effective on January 1, 2019 for ALL City of National City recreational programs.

SPECIAL EVENTS

NC GETS ACTIVE

National City Gets Active is scheduled every three months on the second Saturday of the month. Join us for a morning of family fun at **Kimball Park**. Visit our website to find out more about these and other city hosted events.

www.nationalcityca.gov/ncgetsactivemarch

Tour our Public Safety Departments

Saturday, March 9, 2019

9:00am – 10:00am



COMMUNITY SERVICE DAY

Community Service Day is an opportunity for you to come out and volunteer to beautify our community parks. This year we will be focusing in Kimball Park and El Toyon Park. Youth can gain community service hours for their time volunteering. The community will have an opportunity to share their input on future projects.

For more information, visit <http://www.nationalcityca.gov/calendar>

Kimball Park & El Toyon Recreation Center

Saturday, April 27, 2019

8:00am – 1:00pm



Camacho Recreation Center

1810 E. 22nd Street, National City, CA 91950

619-336-6756

Monday – Friday: 4:00pm – 9:00pm

Saturday – Sunday: 9:00am – 2:00pm

Join the fun! Camacho Recreation Center is currently offering open gym basketball, soccer, volleyball, youth basketball clinics, youth soccer clinics, youth tennis, volleyball league, arts & crafts, hip hop dance, basic music, beginning guitar, and fitness circuit training in our fitness room.

Activity Name	Ages	Days & Times	Activity #
Arts & Crafts – A	6-10	M – 6:00-6:45pm	5006
Arts & Crafts - B	6-10	W – 5:00-5:45pm	5025
Hip Hop Dance	7-13	M – 5:00-5:50pm	5005
Basic Music	6–12	T/Th – 5:15-6:00pm	5008
Beginning Guitar	12–17	T/Th – 6:15-7:00pm	5009
Basketball Clinic 1/2	6-7	M/T – 4:45-5:45pm	5000
Basketball Clinic 3/4	8-9	M/T – 4:45-5:45pm	5001
Basketball Clinic 5/6	10-11	M/T – 6:00-7:15pm	5002
Basketball Clinic 7/8	12-13	M/T – 6:00-7:15pm	5003
Basketball Clinic 9/12	14-17	M/T – 6:45-8:00pm	5004
Youth Soccer Clinic 11U	8-11	W/F – 4:00–5:00pm	5010
Youth Soccer Clinic 14U	12-14	W/F – 5:00-6:00pm	5027
Youth Tennis	8-12	Th – 2:30-4:00pm	5019
Fitness Circuit Training - A	14-Adult	M – 6:00-6:50pm	5007
Fitness Circuit Training - B	14-Adult	Sun – 11:15am-12:00pm	5034
Volleyball League	14-19	Sun – 9:00am-12:00pm	5011

*** For class descriptions and fees, please see pages 4 - 6 ***

Visual and Performing Arts

Arts & Crafts

Arts & Crafts is a fun way to improve artistic skills and learn how to be creative. In this class, you will be guided through new arts & crafts projects to take home and display. Each craft will encourage you to express your creativity.

Instructor: Recreation Staff
Ages 6-10
Fees: Resident \$20 / Non-Resident \$35

Dates	Session	Time	Day	Activity #
Feb 25 – May 5	A	6:00-6:45pm	Mon	5006
Feb 25 – May 5	B	5:00-5:45pm	Wed	5025



Hip - Hop Dance

Hip-Hop is a fun, exciting, and energetic class that focuses on the most popular dance moves as well as develop coordination, body awareness, build self-esteem and promote confidence. Learn the fundamental Hip-Hop moves and fun choreography. There will be performance opportunities available.

Instructor: Miss Alex
Ages 7-13
Fees: Resident \$25 / Non-Resident \$40

Dates	Time	Day	Activity #
Feb 25 – May 5	5:00-5:50pm	Mon	5005



Basic Music

Music is a fun way to stimulate learning and build confidence. In this class, you will learn how to read music, count rhythms, learn vocal techniques, and learn to sing in a group setting. There will be performance opportunities. No instrument is required for this class.

Instructor: Mrs. Cassandra
Ages 6-12
Fees: Resident \$40 / Non-Resident \$62

Dates	Time	Day	Activity #
Feb 25 – May 5	5:15-6:00pm	T/Th	5008



Beginning Guitar

Guitar for beginners. In this class, you will learn guitar techniques and warm ups, reading music and applying it to the guitar, basic guitar skills, and learn to play songs in a group/ensemble setting. There will be performance opportunities available. You must bring your own guitar.

Instructor: Mrs. Cassandra
Ages 12-17
Fees: Resident \$50 / Non-Resident \$86

Dates	Time	Day	Activity #
Feb 25 – May 5	6:15-7:00pm	T/Th	5009



Sports

Basketball Clinic

Build your physical and mental skills with this awesome program that focuses on basketball essentials, giving every player the tools they need to succeed. This clinic is filled with drills and games to improve your skills. Students are divided into groups by age to maximize their learning experience.

Instructor: Recreation Staff
Ages: 6-8, 9-10, 11-12, 13-14, 15-17
Fees: Resident \$40 / Non-Resident \$68

Dates	Session	Time	Day	Activity #
Feb 25 – May 5	8U	4:45-5:45pm	T/Th	5000
Feb 25 – May 5	10U	4:45-5:45pm	T/Th	5001
Feb 25 – May 5	12U	6:00-7:15pm	T/Th	5002
Feb 25 – May 5	14U	6:00-7:15pm	T/Th	5003
Feb 25 – May 5	17U	6:45-8:00pm	T/Th	5004



Youth Soccer Clinic

Introducing you to the beautiful game of soccer in a creative, age appropriate, non-competitive setting. This clinic is filled with drills and games to improve your skills. The clinic focuses on soccer essentials, giving every player the tools they need to succeed.

Instructor: Recreation Staff
Ages: 8-10 & 11-14
Fees: Resident \$40 / Non-Resident \$68

Date	Session	Time	Day	Activity #
Feb 25 – May 5	10U	4:00-5:00pm	W/F	5027
Feb 25 – May 5	14U	5:00-6:00pm	W/F	5010



Volleyball League

Registration is now open for co-ed youth volleyball. Players will learn the fundamentals of volleyball, including serving, setting and spiking. The youth sports program offers an affordable introduction to competitive sports throughout the year. This includes flag football (fall), basketball (winter) and soccer/volleyball (spring).

Instructor: Recreation Staff
Ages: 14 – 19
Fees: Resident \$240 per team / Non-Resident \$360 per team

Date	Time	Day	Activity #
Feb 25 – May 5	9:00-12:00pm	Sun	5011



Fitness Circuit Training

If you are looking to improve your strength and cardio, this is the right class for you. This fitness circuit training class will focus on gaining strength, improving cardio, and stretching. You can find a healthy balance of diet and exercise that can help aid weight loss and gain muscle with the guidance of the instructor.

Instructor: Coach Frank
Ages: 14 – Adult
Fees: Resident \$40 / Non-Resident \$65

Date	Session	Time	Day	Activity #
Feb 25 – May 5	A	6:00-7:00pm	Mon	5007
Feb 25 – May 5	B	11:00-12:00pm	Sun	5033



Open Gym



Camacho Recreation Center
1810 E. 22nd Street, National City, CA 91950
619-336-6756

OPEN GYM SCHEDULE

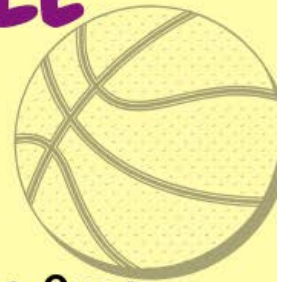
OPEN GYM BASKETBALL

Monday: 4pm-9pm

Tuesday/Thursday: 4pm-5pm & 8pm-9pm

Saturday: 9am-11:30am

Sunday: 12:30pm-2pm



OPEN GYM SOCCER

Wednesdays: 6:30pm-9pm

Fridays: 6:30pm-9pm

OPEN GYM VOLLEYBALL

Saturday: 12pm-2pm



Manuel Portillo Casa de Salud Youth Center

1408 Harding Ave. National City, CA 91950

619-336-6757

Monday – Friday: 3:00pm – 7:00pm

In May 2006, National City renamed Casa de Salud Recreation Center in honor of Manuel Portillo. Portillo, a National City resident, was a dedicated man who served in the Army and gave back to the community by volunteering at the center, teaching youth boxing, basketball, football, softball, and encouraging girls to participate in sports. The Manuel Portillo Casa de Salud Youth Center is free for youth ages 8 to 17 years old. The center offers a safe space for youth to interact with each other and participate in fun activities and field trips.

Daily Activities Available

Indoor Basketball

Indoor Soccer

Billiards

Air Hockey

Foosball

Ping Pong

Video Games

Computers

Board Games

Activity Name	Age	Times	Day
Youth Club	14 - 17	5:00-6:00pm	Th
Lego Club	8 - 12	4:30-5:30pm	Fri
Arts & Crafts	8 - 17	4:00-5:00pm	T
Video Games/Computers	8 -17	5:00-6:00pm	M/W/Th
Tutoring/Homework Support	8 - 17	3:30-5:50pm	M-Th
Sports	8 -17	5:00-6:00pm	M/W

Weekly Schedule of Programs



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TUTORING & HOMEWORK SUPPORT 3:30PM- 5:30PM	TUTORING & HOMEWORK SUPPORT 3:30PM- 5:30PM	TUTORING & HOMEWORK SUPPORT 3:30PM- 5:30PM	TUTORING & HOMEWORK SUPPORT 3:30PM- 5:30PM	LEGO CLUB 4:30PM- 5:30PM
VIDEO GAMES & COMPUTERS 5:00PM-6:00PM	ARTS & CRAFTS 4:00 PM-5:00PM	VIDEO GAMES & COMPUTERS 5:00PM-6:00PM	VIDEO GAMES & COMPUTERS 5:00PM-6:00PM	TUTORING & HOMEWORK SUPPORT 3:30PM- 4:30PM
SPORTS 5:00PM- 6:00PM	TOURNAMENT TUESDAYS 4:30PM- 5:30PM	SPORTS 5:00PM- 6:00PM	YOUTH CLUB 5:00PM-6:00PM	*SPECIAL EVENTS

SNACK IS EVERDAY BETWEEN 5:00-5:30PM



MANUEL PORTILLO CASA DE SALUD YOUTH CENTER
 1408 HARDING AVENUE, NATIONAL CITY, CA 91950
 619-336-6757
 MONDAY - FRIDAY: 3:00PM-7:00PM



Lego Club



Arts & Crafts





Birthday Celebrations




Spring 2019 Activities


February

- 05 Chinese New Year Dragon Making Craft 
- 12 Valentine's Candy Gram Making
- 14 Valentine's Day Celebration
- 23 Birch Aquarium Field Trip
- 27 November- February Birthday Celebration 

March

- 05 Dr. Seuss' Birthday themed Crafts
- 12 St. Patrick's Day Crafts
- 13 St. Patrick's Day Group Activities
- 19 Welcome Spring Arts and Crafts 

April

- 09 Egg Arts and Crafts Activity
- 16 Bunny Arts and Crafts Activity
- 18 Casa Egg Hunt Hosted by Youth Club
- 26 Movie Theater Field Trip
- 27 Community Service Day Field Trip
- 30 March- April Birthday Celebration 



FOR MORE INFO VISIT CASA DE SALUD MON.-FRI. 3PM-7PM 1408 HARDING AVE
OR CONTACT STAFF AT: 619-336-6757 | CASADESALUD2@NATIONALCITYCA.GOV

El Toyon Recreation Center

2005 East 4th Street, National City, CA 91950

619-336-4290

Open during scheduled class times only

Join the fun! El Toyon Recreation Center is currently offering Capoeira Angola, Sewing, and Verlosity Urban Soul Line Dancing.

Activity Name	Ages	Times	Day	Activity #
Capoeira Angola	10 - Adult	6:00-8:00pm	W/F	5015
Sewing	Adults Only	5:00-7:00pm	T	5016
Urban Soul Line Dancing - Beginner	21 +	6:00-7:30pm	M	5018
Urban Soul Line Dancing - Intermediate/Advanced	21 +	6:00-8:00pm	T	5026

* For class descriptions and fees, please see page 11 *



Capoeira Angola



Sewing



Urban Soul Line

Crafts & Fitness

Capoeira Angola

Capoeira Angola is an Afro-Brazilian dance and martial arts. This class is a combination of dance, music, and martial arts.

Instructor: James Diokno

Ages: 10-Adult

Fees: Resident \$60 month / Drop in \$10

Dates	Time	Day	Activity #
Feb 25 – May 5	6:00-8:00pm	W/F	5015



Sewing

Learn how to use your machine while sewing a pillowcase and a handbag. Please bring your machine in good working order

Instructor: Leticia Morales

Ages: Adults Only

Fees: Drop in \$5

Dates	Time	Day	Activity #
Feb 25 – May 5	6:00-8:00pm	T	5016



Urban Soul Line Dancing

Learn hundreds of urban soul line dance steps and dances to R&B, Jazz, Latin, and Gospel music. Come ready to dance for the whole class time. Bring your water bottle to stay hydrated and wear comfortable clothing and shoes that will slide on a tile floor. Meet nice people and make new friends.

No children allowed

Instructor: Ed Griffith

Ages: 21-90

Fees: Resident \$30 month / Drop in \$10

Dates	Session	Time	Day	Activity #
Feb 25 – May 5	Beginner	6:00-7:30pm	M	5018
Feb 25 – May 5	Intermediate /Advanced	6:00-8:00pm	T	5026



Kimball Senior Center

1221 D Avenue, National City, CA 91950

619-336-6760

Monday, Wednesday, Thursday: 9:30am – 4:30pm

Tuesday & Friday: 9:30am – 2:30pm

Join the fun! Kimball Senior Center offers a safe environment for senior citizens to gather for activities, such as dances, bingo, game days, potlucks, day trips, lunch outings, billiards, singing groups, health talks, flu shot clinics, senior exercise classes, and senior clubs. Local transportation for National City residents to the Senior Center is currently available. Refreshments are also available throughout the day.



Clubs & Activities

Kimball Senior Center Activities

The Kimball Senior Center houses two senior clubs within the same building. Each club has their own board of officers comprised of members who help plan activities and events in conjunction with the City of National City Community Services Department's schedule of senior citizen programs.

On Tuesdays and Fridays, the center has open play hours with activities like exercise classes, card games, billiard play, and other socialization activities. We invite you to come in and take a tour. For more information on our activities, feel free to call our staff at 619-336-6760 during our hours of operation.

Casa de Salud Seniors Club

The Casa de Salud Seniors Club was established in the 1960s. They meet on Wednesdays.

Fees: \$15 / year

Activity	Time	Day
Meeting & Event Day	11:00am-4:30pm	W
Informative Meeting Day	1:00-2:00pm	1 st Wednesday
Monthly Dances	1:00-3:30pm	3 rd Wednesday*

*Subject to change on Holidays

Kimball Seniors Club

The Kimball Seniors Club was established in the 1980s. They meet on Mondays and Thursdays.

Fees: \$15 / year

Activity	Time	Day
Meeting & Event Days	9:30am-4:30pm	M/Th
Membership Meeting Day	1:00-2:00pm	1 st Monday
Monthly Dances	1:00-3:30pm	2 nd Monday*

*Subject to change on Holidays

Transportation

We provide a transportation program for National City Senior Residents to travel to and from the Kimball Senior Center for the Feeling Fit Senior Exercise Class, Senior Club gatherings, and lunch at the National City George Waters Nutrition Center. The transportation program operates on Tuesday, Wednesday, and Thursday. Please contact the Kimball Senior Center for more information or to participate in the program.

Monthly Dance Schedule

Monthly Senior Dances take place on the 2nd & 5th Mondays and the 3rd & 5th Wednesdays.

March 11, 2019 – Mardi Gras Dance
 March 16, 2019 – International Good Deeds Day Dance*
 March 20, 2019 – Carnival Dance
 April 8, 2019 – Spring Hat Dance
 April 17, 2019 – Primavera Dance

Dance Times: 1:00 – 3:00pm
 Dance Time: 1:30 – 3:30pm*

Dance Fees: \$2 Club Members / \$4 Guests

*Subject to change on Holidays

Las Palmas Pool

1800 E. 22nd Street, National City, Ca 91950

619-336-6758

Please see pool schedule on Page 16 for pool hours

Join the fun! The Las Palmas Pool is currently offering recreational swimming, swim lessons, lap swimming, group exercise classes, and masters swim.

Group Swimming Lesson Rates

4 Class Session	Resident	\$20
	Non-Resident	\$28
5 Class Session	Resident	\$25
	Non-Resident	\$35
6 Class Session	Resident	\$30
	Non-Resident	\$42
7 Class Session	Resident	\$35
	Non-Resident	\$49
8 Class Session	Resident	\$40
	Non-Resident	\$56

All lessons are available on a first-come first-serve basis and payment is required upon registration.

Open Enrollment Private Swimming Lessons

4 Private Lessons	Resident	\$80
	Non-Resident	\$120
5 Private Lessons	Resident	\$100
	Non-Resident	\$150
6 Private Lessons	Resident	\$120
	Non-Resident	\$180
7 Private Lessons	Resident	\$140
	Non-Resident	\$210
8 Private Lessons	Resident	\$160
	Non-Resident	\$240

Private lessons are available for open registration and run during the same time frames as our group lessons. Refer to our schedule for session times and dates. These lesson will only be made-up when possible.

Las Palmas Pool

City Council approved a new User Fee Schedule on October 2, 2018.

New fees will become effective on January 1, 2019.

Lap & Recreational Swim (cost per session)

Youth (ages 0-12)	Residents	\$1
	Non-Residents	\$3
Adults (ages 13 and 64)	Residents	\$3
	Non-Residents	\$4
Seniors (ages 65 and over)	Residents	\$1.50
	Non-Residents	\$3

GEX Aqua Classes

Adults (ages 18 and 64)	Residents	\$3
	Non-Residents	\$4
Seniors (ages 65 and over)	Residents	\$3
	Non-Residents	\$4

GEX, Lap & Recreational Swim 30 Session Pass

Youth (ages 0-12)	Residents	\$20
	Non-Residents	\$45
Adults (ages 13 and 64)	Residents	\$45
	Non-Residents	\$60
Seniors (ages 65 and over)	Residents	\$30
	Non-Residents	\$45

Passes expire 6 months after the purchase date and any remaining visits are lost.

Master Swim

Adults (ages 18 and over)	\$30/month
-USMS Membership is required after the first 30 days. Membership costs \$61/year	

*All sales are final and no refunds will be issued for programs, daily visits, or pool passes. We do not accept bills larger than \$20.

Las Palmas Pool

Saturdays

March 2nd – 30th (5 classes)

April 6th – 27th (3 classes)

-no class April 13th

May 4th – 25th (4 classes)

Tuesday/Thursday Pm

March 5th – 21st (6 classes)

April 9th – May 2nd (8 classes)

May 7th – 30th (8 classes)

Spring Break Session

Monday – Thursday

March 25th – April 4th (8 classes)

Parent-Child/Tiny Tot Classes (6 months – 4 years)

Parent Child:

11:15am Saturdays

4:00pm Tuesdays/Thursdays & Spring Break

Minnow:

12:15pm Saturdays

3:30pm Tuesdays/Thursdays & Spring Break

Preschool Classes (3 – 5 years)

Tadpole:

9:30am Saturdays

12:15pm Saturdays

3:30pm Tuesdays/Thursdays & Spring Break

4:30pm Tuesdays/Thursdays & Spring Break

5:30pm Tuesdays/Thursdays & Spring Break

Turtle:

10:00am Saturdays

4:00pm Tuesdays/Thursdays & Spring Break

Seal:

9:00am Saturdays

4:30pm Tuesdays/Thursdays & Spring Break

Adult (18+ years)

10:30am Saturdays (Beginner)

11:15pm Saturdays (Intermediate)

5:30pm Tuesdays/Thursdays & Spring Break (B/I)

Private Lessons

10:00am Saturdays

10:30am Saturdays

1:00pm Saturdays

1:30pm Saturdays

2:00pm Saturdays

2:30pm Saturdays

5:00pm Tuesdays/Thursdays & Spring Break

5:30pm Tuesdays/Thursdays & Spring Break

6:30pm Tuesdays/Thursdays & Spring Break

Youth Classes (6 – 12 years)

Stingray:

9:00am Saturdays

10:00am Saturdays

12:15pm Saturdays

3:30pm Tuesdays/Thursdays & Spring Break

4:30pm Tuesdays/Thursdays & Spring Break

6:00pm Tuesdays/Thursdays & Spring Break

Otter:

9:30am Saturdays

10:30am Saturdays

4:00pm Tuesdays/Thursdays & Spring Break

5:00pm Tuesdays/Thursdays & Spring Break

Dolphin:

9:30am Saturdays

11:15am Saturdays

5:00pm Tuesdays/Thursdays & Spring Break

6:00pm Tuesdays/Thursdays & Spring Break

Stroke Development

9:00am Saturdays

6:30pm Tuesdays/Thursdays & Spring Break

Teens (12-17 years)

11:45am Saturdays (B/I)

6:00pm Tuesdays/Thursdays & Spring Break (B/I)

Classes shown on this schedule are subject to change and cancellation

Las Palmas Pool • 1800 E 22nd St. • National City • CA • 91950 • 619-336-6758

For more information visit www.nationalcityca.gov

Martin Luther King Jr. Community Center
140 East 12th Street, National City, Ca 91950
619-336-4290

Office Hours: Monday - Thursday 7:00am - 6:00pm

Join the fun! The Martin Luther King Jr. Community Center is currently offering Zumba, Karate/Self Defense, and Martial Arts classes.

Activity Name	Ages	Time	Day	Activity #
Bootcamp Challenge	12 - Adult	6:10-6:55pm	M/W	5028
Zumba	12 - Adult	7:00-8:00pm 6:30-7:30pm	M/W F	5020
Karate Do Shito Ryu - Beginner	4-10	6:00-6:50pm	T/Th	5017
Karate Do Shito Ryu - Novice	8-10	6:50-7:40pm	T/Th	5035
Karate Do Shito Ryu - Advanced	11-Adult	7:40-8:30pm	T/Th	5036
Traditional Karate and Self-Defense - Youth	6-12	6:30-7:30pm	M/W	5022
Traditional Karate and Self-Defense - Teen/Adult	13 - Adult	7:30-9:00pm	M/W	5024

* For class descriptions, please see page 19 *

Fitness

Bootcamp Challenge

Group fitness is a great way to get a workout in without having to think or plan. Each class is structured with a warm-up, a balanced workout and a cool-down. The warm-up is designed to help you properly raise your heart rate while loosening your joints and muscles before jumping into strenuous activity.

Instructor: Edith Torres

Ages: 12 - Adult

Fees: Resident \$15 / Drop-In \$2

Dates	Time	Day	Activity #
Feb 25 – May 5	6:10-6:55pm	M/W	5028



Zumba

Zumba is a Cardio dance fitness workout that targets all the muscles of the body, and the most important muscle in the body, the heart. Zumba toning class provides participants with a cardio workout and strength training by using dumbbells of 1-3lbs only.

Instructor: Edith Torres

Ages: 12 – Adult

Fees: Resident \$15 / Drop-In \$2

Date	Time	Day	Activity #
Feb 25 – May 5	7:00-8:00pm	M/W	5020
	6:30-7:30pm	F	



Karate Do Shito Ryu

Teaching the art of traditional Karate Do focusing on the Shito Ryu style. Students learn self-defense, confidence, and discipline. Perfect for losing weight.

Instructor: Josafat Cortez

Ages: 4-10 (Beginner), 8-10 (Novice), 11-Adult (Advanced)

Fees: Resident \$30

Date	Session	Time	Day	Activity #
Feb 25 – May 5	Beginner	6:00-6:50pm	T/Th	50
Feb 25 – May 5	Novice	6:50-7:40pm	T/Th	50
Feb 25 – May 5	Advanced	7:40-8:30pm	T/Th	50



Traditional Karate & Self-Defense

Karate is a Japanese combat technique without weapons. The training is focused on developing the whole body as a weapon itself. The classes consist of the training of blocks, strikes, kicks and self-defense techniques, considering that the essence relies on the improvement of the mental, spiritual, and physical aspects of the practitioners.

Instructor: Genaro Torres

Ages: 6-11 & 12 - Adult

Fees: Resident \$50

Date	Session	Time	Day	Activity #
Feb 25 – May 5	Youth	6:30-7:30pm	M/W	5022
Feb 25 – May 5	Teen/Adult	7:30-9:00pm	M/W	5024



National City Public Library

1401 National City Blvd, National City, CA 91950

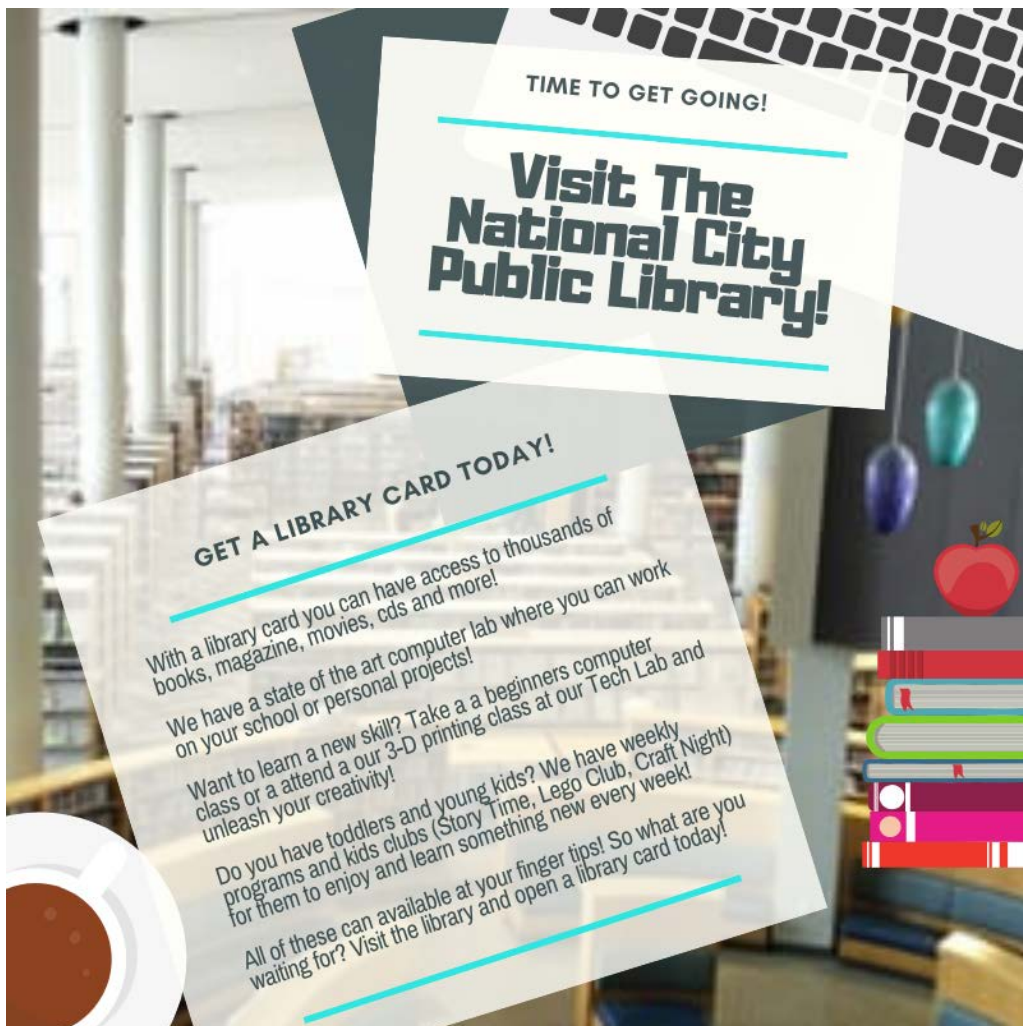
619-470-5800

Monday – Thursday: 10:00am – 8:00pm

Friday: CLOSED

Saturday – Sunday: 1:00pm – 5:00pm

Join the fun! The National City Public Library offers many fun and exciting programs. Once you sign up for a library card, you can check out books and movies for FREE. The options are endless at the National City Public Library.



Chocolate Reading Club

The public library encourages all children up through the sixth grade to enroll in our upcoming Chocolate Reading Club. The program starts Feb. 4th, and runs through March 7th. Kids can sign up to participate at the Children's Room reference desk, where they will be given a log to keep track of their reading. For every ten minutes of reading they record, they earn a Hershey Kiss! Or, they can instead wait until they've read 100 minutes, and claim a Hershey Bar!

Paws to Read

The public library partners with *Love on a Leash* to bring animals in to the library's children's room twice a month. Cornelius the Bunny comes at 2 pm on the first Saturday of every month, and the Dynamic Dog Duo of Duchess and Custer come at 2 pm on the third Saturday. They're certified therapy animals who love to be with people, and they especially like to have kids read stories to them.

E-Books & Magazines

Don't have time to come to the library to check out your next favorite read? No worries, the library has you covered with our eCollections. Find the latest magazine articles through our eMagazine collections through [Flispter](#) and [RBDigital](#), as well as an expansive eBook and eAudiobook collection through [Enki](#) and [Overdrive](#). These resources are accessible from home or anywhere at any time by simply logging in with your library card or creating an account. Give them a try. Your library card opens doors and it is totally free!

Free Classes

Basic Computer Classes starting in March! Call or email to sign up! 619-470-5860 or email literacy@nationalcitylibrary.org

Citizenship classes start on February 5th. The course is offered by the Jewish Family Service of San Diego and will help new immigrants prepare for the U.S. Citizenship exam. Classes are free and held Tuesdays and Thursdays. 5:30 – 7:30 pm at the library.

We offer **English as a Second Language (ESL) and ESL conversation classes** at the library! Call or email Literacy at 619-470-5860 or literacy@nationalcitylibrary.org

Are you a Musician?


Have music talents? Become a volunteer music performer and showcase your talents at our Monday Cafe Nights at the library! Call or email for more information at 619-470-5860 or literacy@nationalcitylibrary.org.

February is Museum Month



San Diego Museum Month offers residents and visitors the opportunity to enjoy half-price museum admission at more than 40 museums in the San Diego area during the month of February.

Starting in mid-late January, you can come by the National City Public Library to pick up your discount pass. Museum Month is a program of the San Diego Museum Council. For a list of participating museums and more information about Museum Month please visit the [San Diego Museum Council website](#).



Upcoming Home Buyer Classes

*For a limited time only registration fee is 50% off (regularly \$30)! Classes are \$15 and include book, materials, and a light lunch.**

Saturday, **December 1, 2018**

Tuesday, **January 15, 2019**

Saturday, **January 26, 2019**

Tuesday, **February 12, 2019** (Spanish)

Saturday, **February 23, 2019**

Tuesday, **March 12, 2019**

Saturday, **March 23, 2019**

9am – 5pm
Doors open at 8:45am

Homeownership Training Office
2140 Hoover Avenue
Suite 115
National City, CA 91950

*If you have dietary restrictions, please plan accordingly.

Springboard Nonprofit Consumer Credit Management, Inc. d/b/a credit.org. Credit.org is a U.S. Department of Housing and Urban Development (HUD) approved housing counseling organization.

Join us for a Home Buyer Class!

Our HUD-approved class provides the information, resources, and tools you'll need to purchase your first home. Plus, graduation may qualify you for programs like down payment and closing cost assistance.

Topics Include:

- ✓ Are you ready to buy?
- ✓ Saving and Spending
- ✓ Understanding Credit
- ✓ Financing and Lending
- ✓ Real Estate Process
- ✓ Homeowner's Insurance

Space is limited! Register Today!

credit.org/homebuyerclass
education@credit.org
800.449.9818

Credit.org improves the lives and financial well-being of individuals and families by providing education and counseling.

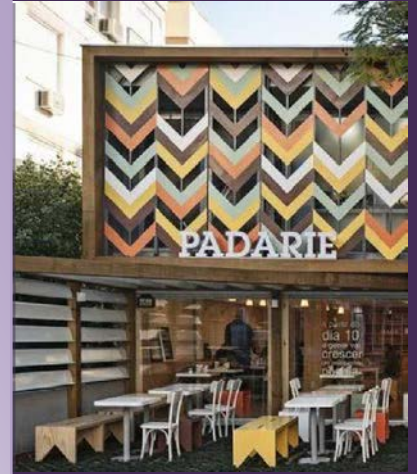




CALIFORNIA
NATIONAL CITY
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**BUSINESS INCENTIVES
 AND PROGRAMS**

TOGETHER
**WE
 CAN!**





ADOPT-A-PLACE Supports individuals and organizations in the City of National City who want to take a more active role in the beautification of parks, streets, gateways and public spaces.

THE PROGRAM Is part of the National City Together We Can campaign encouraging individuals, businesses, community organizations and City Hall to work together in making National City cleaner, healthier, safer and more beautiful.

AROW Stands for Activate the Right-of-Way. It's purpose is to beautify, activate, and promote our city by working with the business community to enhance portions of the public right-of-way.

THE PROGRAM Focuses on two areas of activation: outdoor displays and outdoor dining areas in the City's right-of-way and public spaces.



SFIP Stands for Signage and Façade Improvement Program. It's purpose is to assist local businesses with signage compliance and improve the appearance of existing businesses.

THE PROGRAM Reimburses owners of commercial buildings and businesses up to 50% of the total cost of eligible improvements, for a maximum reimbursement of \$10,000 for a single commercial property (Standard Incentive) or \$15,000 for a multiple address property (Multi-Tenant Property Owner Incentive). Applicants must NOT start work until receiving a signed approval from the City.





Signage & Facade Improvement Program

THE PROGRAM Reimburses owners of commercial buildings and businesses up to 50% of the total cost of eligible improvements, for a maximum reimbursement of \$10,000 for a single commercial property (Standard Incentive) or \$15,000 for a multiple address property (Multi-Tenant Property Owner Incentive).

1

Meet with a representative from Housing and Economic Development and a complimentary design consultant. Our Design Consultant will provide you with a draft proposal of potential improvements for your property.

2

Email Mgamwell@NationalCityCa.gov or call 619-336-4216, to find out if your business or property is eligible.

If your project is eligible, you will receive the Step I - Intake Application and Design Phase packet. A Staff member from Housing and Economic Development will walk you through the process.

3

Hire your contractor for the approved work. Approved applicants have up to six (6) months to complete proposed improvements. Submit Completion documents and receive your incentive funds!

[Learn More at NationalCityCa.gov/Businessincentives](http://NationalCityCa.gov/Businessincentives)



The program reimburses owners of commercial buildings and businesses up to 50% of the total cost of eligible improvements.



to assist businesses in signage compliance and improve the appearance of existing businesses and their overall vitality.



RECONNECT WITH YOUR NEIGHBORHOOD COUNCIL!

Come join your friends, neighbors and City staff to learn what National City can do for you. Monthly [Neighborhood Council meetings](#) are being held in your neighborhood to listen to your concerns and suggestions and allow you to meet your city officials.

You will also be able to request presentations from:

- Police
- Fire Department
- Community Services
- Other City Departments
- Local Organizations
- And more...

Please come and help make National City the best possible place to live!



National City Connect FOR COMMUNITY GROUPS

Powered by SeeClickFix

National City Connect is a mobile app and website tool to report non-emergency issues in your neighborhood directly to city hall and empower residents to build a more collaborative relationship with local government to transform your community.

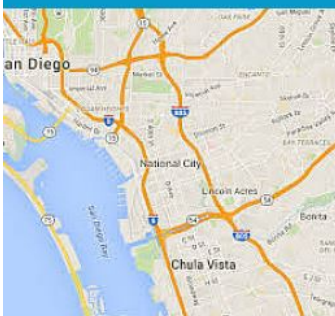
With National City Connect you can:

- EMPOWER** your neighbors (and you!) to report issues directly to city hall
- BE A LEADING ADVOCATE** for transparency and communication
- ADVOCATE** for transparency and communication

How to use National City Connect:

1. Download the mobile app or log onto our website at seeclickfix.com

Begin reporting issues in your town and neighborhood on your own time - 24 hours a day, 7 days a week.



2. Set up a watch area

Keep up-to-date on issues in your neighborhood between meetings.
Spread the word on events, and build connection in your community.



iPhone



Android

GET TRAINED!



Provides disaster information, education, and training that no resident should be without!

For more information call (619) 336-4556 or e-mail cert@nationalcityca.gov.

What is CERT? CERT stands for Community Emergency Response Team. CERT is a group of people that are trained to work as a team to respond to disasters that impact their homes, businesses, and neighborhoods. The CERT program focuses on providing specialized training to organized “teams” to provide vital services within their neighborhoods or businesses, in the absence of emergency responders, whose arrival may be delayed due to the scope of the event.

The CERT Academy provides a minimum of 24 hours of classroom and hands-on training. The CERT Academy is held at Fire Station 34, 343 E. 16th Street, National City, CA 91950.

- Unit 1 Disaster Preparedness
- Unit 2 Fire Safety and Utility Controls Unit
- 3 Disaster Medical Operations, Part 1
- Unit 4 Disaster Medical Operations, Part 2
- Unit 5 Light Search and Rescue Operations
- Unit 6 CERT Organization
- Unit 7 Disaster Psychology
- Unit 8 Terrorism
- Unit 9 Final

The CERT Academy is offered free of charge, and is open to all residents OR employees of businesses with a physical address in National City or Lincoln Acres. The CERT Academy is designed to be practical, interesting, and fun. While the CERT Academy is interactive, there are no special physical requirements to participate in the program.

In the CERT Academy you will learn fire safety, light search and rescue, team organization, and disaster medical operations/first aid.

CERT is grant funded and our program will be coordinated by the National City Fire Department. All classes are taught by emergency management, fire, and police instructors. The CERT program is an official Federal Emergency Management Agency (FEMA) program. Certificates of Completion are issued to participants at the end of the CERT Training Academy. Up to 24 hours of Community Service Hours may be issued for participating high school students. (Parental approval is required for teens 16 years or older to participate).

If you are interested in attending this CERT Training Academy, call (619) 336-4556 or send an e-mail to: cert@nationalcityca.gov. ONLY 32 slots available. Call now, your community needs you!

KUDOS!

Special thanks for our Streets Division for sprucing up the light poles along Civic Center and National City Boulevard! For questions regarding Public Works Streets Division please call 619-336-4580.



National City Public Works
(619) 336-4580 (Mon-Thurs. 7am-6pm; Closed Every Friday)

National City Police
(619) 336-4411 press 0 (after regular City business hours)

For fallen trees or after hour emergencies call Police Dispatch
(619) 336-4411 press 0

For trees touching electrical wires, please call SDG&E
1-800-411-SDGE (7343)

Emergency 911



FOR IMMEDIATE RELEASE

Alejandra Sotelo-Solis
Mayor, City of National
City asotelosolis@nationalcityca.gov
(619) 415-6939 – City Mobile

NATIONAL CITY’S CITY MANAGER ANNOUNCED PLANS TO RETIRE IN LATE SPRING



Leslie Deese, the City Manager of National City, who has been with the City nearly thirty- three years, including the last seven as City Manager, announced today that she will retire sometime in late spring when the City Council appoints a new City Manager. The City will conduct a recruitment for a new City Manager in the coming months, during which time Ms. Deese will continue to oversee the operation of the City, as directed by the Mayor and City Council.

In announcing her retirement, Ms. Deese praised the efforts of the City Council, the City’s other elected officials, and the City staff: “It has been a tremendous blessing and privilege to serve the National City community for the past 33 years. I feel a deep sense of pride in all that we’ve accomplished, none of which would have been possible without your hard work and dedication. To all of you, especially all the employees who go to great lengths every day, putting in the extra effort that so often goes unsung, to make our city a better place, thank you from the bottom of my heart.” She also thanked National City’s “businesses, residents and community partners” for their “unfailing support over the years.”

The Mayor and Council had the following to say about Leslie’s upcoming retirement, “It has been a sincere pleasure to serve with Leslie as our City Manager. We truly appreciate the many years of dedicated service Leslie gave to this community and her focus on the professional development of our employees which leaves a lasting legacy in National City. We wish her the very best on this new life chapter!”

James Slade, Chapter President Municipal Employees Association/SEIU Local 221, echoes the Council’s sentiments adding, “We the Municipal Employee Association express our genuine thanks for your dynamic and inspirational leadership and the positive impact it has had on us all. Your consummate professionalism will be missed by our Association and we wish you the best in your future endeavors.” The City’s public safety teams also wish Ms. Deese well in her retirement. “The National City firefighters would like to congratulate Leslie on her retirement. Working under your leadership and guidance was truly an honor,” said James Stiles, National City Firefighters Association Local 2744. Omar Ramirez, President, National City Police Officers Association adds that “Leslie has been an exceptional City Manager and friend to all of the members of the National City Police Officers Association. Leslie has worked tirelessly in the best interest of National City and public safety.”

After serving four years in the United States Navy, working in the Pentagon for the Vice Chief of Naval Operations, Ms. Deese began her local government career with National City as a secretary in the City Manager’s office, and later promoted to Executive Assistant to the City Manager, Director of Community Services, and Assistant City Manager, before the City Council unanimously appointed her City Manager in 2012.

As City Manager, Ms. Deese has worked with the City Council and dedicated Staff to overcome the challenges of a global recession, and achieve wide-ranging goals including: robust economic growth, financial solvency, and the high level of services the community deserves. Some of the accomplishments during her tenure include: building high-quality affordable housing, creating a business-friendly climate to attract new businesses, implementing new public-safety technology, establishing a pension trust fund, achieving an A+ bond rating, upgrading the City’s infrastructure, securing multi-million-dollar-per-year grants, and successfully campaigning for renewal of the City’s sales-tax measure.



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Connect with the City

You can call us or visit us in person or online via website, Facebook, Twitter, National City Connect, and Nixle. All links will be provided below.

Connect with the City

Enhancing the quality of life through people, parks, and programs

Camacho Recreation Center	(619) 336-6756
Casa de Salud Youth Center	(619) 336-6757
El Toyon Recreation Center	(619) 472-6486
Kimball Senior Center	(619) 336-6760
Las Palmas Pool	(619) 336-6758
Martin Luther King, Jr. Community Center	(619) 336-4290

Community Service Department
Office (619) 336-4290
Mon-Thurs 7am-6pm

Martin Luther King, Jr. Community Center
140 East 12th Street, Suite B
National City, CA 91950-4301



Visit us on our website!
www.nationalcityca.gov



Find us on Facebook! Search City of National City – Official or type in the link to your address bar
www.facebook.com/CityofNationalCity



Find us on Twitter! @CityofNatlCity



You can now use National City Connect to submit requests for non-emergency issues via mobile application and web.



Nixle keeps you up-to-date with relevant information from your local public safety departments & schools
<https://nixle.com/national-city-police-department/>



Sign up for Your National City E-Newsletter
<http://www.nationalcityca.gov/about-us/newsletters>