



Our Community



A Quarterly Newsletter from the City of National City

Winter 2018

Inside this issue:

*Who Are We?
Page 1*

*Events
Page 2*

*Camacho Recreation Center
Page 3*

*Casa de Salud Youth Center
Page 9*

*El Toyon Recreation Center
Page 11*

*Kimball Senior Center
Page 13*

*Las Palmas Pool
Page 16*

*Martin Luther King Jr. Center
Page 19*

*City Information
Page 21*



A Kimball Holiday 2017



Casa de Salud Halloween Costume Contest 2018 Winners



Who Are We?

Welcome to Community Services

We pride ourselves in providing services and cost effective programs which enhance the quality of life and encourage healthy living for community residents. Our mission is to provide excellent customer service and celebrate the community's diversity through social, cultural, and civic activities for youth, adults, and senior citizens.

Community Services Staff

Martin Luther King Jr. Community Center Office Staff

Audrey Denham – Recreation Superintendent

Elyana Delgado – Recreation Center Supervisor

Juanita Castaneda – Recreation Center Supervisor

Maria Elena Wright – Recreation Center Supervisor

How to Sign Up

Signing up for our programs is quick and easy.

For City Run Programs: Come down to the center where your program of interest is being held to sign a registration form. All participants must sign a registration form.

***For Contracted Programs:** Sign up with the program instructor. Class fees will be paid to the program instructor.

Coming Soon...

Online registration will be available for the Spring edition.



Community Services Staff with Alex Montoya from A-Motivational Communications

Events

Ornament Workshop

'Tis the season to be jolly and enjoy family and friends. The City of National City invites you to join us for a morning of creativity. Your handmade ornaments will be decorating the community tree at "A Kimball Holiday" event.

Camacho Recreation Center
Saturday, November 24, 2018
10:00am – 12:00pm

Kimball Senior Center
Saturday, December 1, 2018
10:00am – 12:00pm

NC Gets Active

National City Gets Active is scheduled every three months on the second Saturday of the month. Join us for a morning of family fun at **Kimball Park**. Visit our Website to find out more about these and other city hosted events.

www.nationalcityca.gov/ncgetsactive



Reindeer Dash - 1 mile fun run/walk
Saturday, December 8, 2018
9:00am – 10:00am

Zumba
Saturday, March 8, 2019
9:00am – 10:00am

A Kimball Holiday

Join us for the 11th Annual Tree Lighting Ceremony & A Kimball Holiday. The event will take place in Kimball Park on Friday, December 7th and Saturday, December 8th from 4:00pm-9:00pm each day. This two night event is FREE and open to the public. Friday night is the kick off to "A Kimball Holiday and Tree Lighting Celebration" with ice skating, a snow sledding hill, children's train ride, mini ferris wheel, arts & crafts, community performances, and a not to be missed photo opportunity with Santa! The countdown for the annual tree lighting begins at 6:00pm. Delicious food and beverages available for sale.

Friday & Saturday, December 7 & 8, 2018
4:00pm – 9:00pm
Kimball Park



Camacho Recreation Center

1810 E 22nd Street

National City, CA 91950

Join the fun! Camacho Recreation Center is now offering FREE open play basketball, volleyball, indoor soccer, youth soccer, basketball clinics, volleyball league, hip hop dance, arts and crafts, music & guitar, youth tennis, and fitness circuit training in our new fitness room!

For questions, please call our center at (619) 336-6756.

Recreation Center Hours:

Monday - Friday
4:00pm - 9:00pm

Saturday – Sunday
9:00am - 2:00pm



Arts & Crafts

All Ages

Monday & Wednesday

6:00pm – 6:50pm (Monday)

4:00pm – 5:00pm (Wednesday)

FREE

City Staff



Hip Hop Dance

7-13

Monday

5:00pm – 5:50pm

FREE

Miss Alex



Music Classes

Basic Music Skills Class

Ages: 6-12

Days: Tuesday & Thursday

Time: 5:15pm – 6:00pm

Cost: **FREE**

Instructor: Mrs. Cassandra

Guitar Class

Ages: 10-18

Days: Tuesday & Thursday

Time: 6:00pm – 6:45pm

Cost: **FREE**

Instructor: Mrs. Cassandra



Youth Soccer

Ages: 6-13

Days: Wednesday & Friday

Time: 4:00pm – 5:00pm

Cost: **FREE**

Instructors: Recreation Staff



Youth Tennis

*Contracted Programs

3rd – 6th grade students

Thursday

2:30pm – 4:00pm

\$6/six week session

Mr. Santiago Jaquez

January 17 – February 21

February 28 – April 4



Fitness Circuit Training

14 and up

Monday & Sunday

6:00pm – 6:50pm (Monday)

11:15am – 12:00pm (Sunday)

FREE

Frank Martinez



Fitness Room

Ages: 14 and up

Days: Every Day

Times: 4:00pm – 6:00pm & 7:00pm – 9:00pm (Monday)

4:00pm – 9:00pm (Tuesday-Friday)

9:00am – 11:00am & 12:00pm – 2:00pm (Saturday-Sunday)

Cost: **FREE**



Open Gym Basketball

Ages: 8 and up

Days: Monday, Tuesday, Thursday, Saturday, Sunday

Times: 4:00pm – 5:00pm (Monday & Tuesday)

4:00pm – 9:00pm (Thursday)

9:00am – 11:30am (Saturday)

12:30pm – 2:00pm (Sunday)

Cost: **FREE**



Open Gym Soccer

Ages: 8 and up

Days: Wednesdays & Fridays

Time: 5:00pm – 9:00pm

Cost: **FREE**



Open Gym Volleyball

Ages: 8 and up

Days: Saturday - Sunday

Time: 12:00pm – 2:00pm (Saturday)

9:00am – 12:00pm (Sunday)

Cost: **FREE**


CAMACHO RECREATION CENTER
 1810 E. 22ND STREET
 619-336-6756

FREE
6 on 6
League

FREE
6 on 6
League

CO-ED TEEN VOLLEYBALL LEAGUE

*FREE for the first 12 registered teams
Ages 14-19*



Coaches Meeting: November 25, 2018 @ 9am
League Dates: December 2, 2018 - February 24, 2019
Games: Sundays @ 9am, 10am, 11am
CAMACHO WILL BE CLOSED ON SUNDAY DECEMBER 23RD, 30TH AND JANUARY 6TH
Must register at Camacho front desk


CAMACHO RECREATION CENTER
 1810 E. 22nd Street, National City CA 91950
 619-336-6758

FREE

FREE

YOUTH CO-ED BASKETBALL CLINIC & CONDITIONING

Practice Times:
 4:45-5:45pm - 1st/2nd & 3rd/4th Grades
 6:00-7:15pm - 5th/6th & 7th/8th Grades
 6:45-8:00pm - 9th-12th Grade
Practice Days: Mondays & Tuesdays

Clinic Dates:
 January 7, 2019 - February 26, 2019

<p style="font-size: 4em; font-weight: bold; margin: 0;">CAMACHO</p> <p style="font-size: 0.8em; margin: 0;">1810 E. 22nd Street, National City, CA 91950 619-336-6756</p> <p style="font-size: 0.8em; margin: 0;">Monday-Friday: 4:00pm-9:00pm Saturday & Sunday: 9:00am-2:00pm</p>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<p style="font-size: 0.8em; margin: 0;">Classrooms: Hip Hop - 5:00-5:50pm Arts & Crafts - 6:00-6:50pm</p> <p style="font-size: 0.8em; margin: 0;">Fitness Room: Circuit Training - 6:00-6:50pm</p> <p style="font-size: 0.8em; margin: 0;">Gymnasium: Open Basketball 4:00-5:00pm Basketball Clinic - 5:00-8:30pm</p>	<p style="font-size: 0.8em; margin: 0;">Classrooms: Basic Music - 5:15-6:00pm Beginning Guitar - 6:00-6:45pm</p> <p style="font-size: 0.8em; margin: 0;">Gymnasium: Open Basketball - 4:00-5:00pm Basketball Clinic - 5:00-8:30pm</p>	<p style="font-size: 0.8em; margin: 0;">Classrooms: Arts & Crafts - 4:00-5:00pm</p> <p style="font-size: 0.8em; margin: 0;">Gymnasium: Youth Soccer - 4:00-5:00pm Open Soccer - 5:00-9:00pm</p>	<p style="font-size: 0.8em; margin: 0;">Classrooms: Basic Music - 5:15-6:00pm Beginning Guitar - 6:00-6:45pm</p> <p style="font-size: 0.8em; margin: 0;">Gymnasium: Open Basketball - 4:00-9:00pm</p>
	FRIDAY	SATURDAY	SUNDAY	FITNESS ROOM
	<p style="font-size: 0.8em; margin: 0;">Gymnasium: Youth Soccer - 4:00-5:00pm Open Soccer - 5:00-9:00pm</p>	<p style="font-size: 0.8em; margin: 0;">Gymnasium: Open Basketball - 9:00-11:30am Open Volleyball - 12:00-2:00pm</p>	<p style="font-size: 0.8em; margin: 0;">Fitness Room: Circuit Training - 11:15am-12:00pm</p> <p style="font-size: 0.8em; margin: 0;">Gymnasium: Volleyball League - 9:00am - 12:00pm Open Basketball - 12:30-2:00pm</p>	<p style="font-size: 0.8em; margin: 0;">Monday 4:00pm - 6:00pm 7:00pm - 9:00pm</p> <p style="font-size: 0.8em; margin: 0;">Tuesday - Friday 4:00pm - 9:00pm</p> <p style="font-size: 0.8em; margin: 0;">Saturday - Sunday 9:00am - 11:00am 12:00pm - 2:00pm</p>

Manuel Portillo Casa de Salud Youth Center

1408 E. Harding Ave
National City, CA 91950

In May 2006, National City renamed Casa de Salud Recreation Center in honor of Manuel Portillo. Portillo, a National City resident, was a dedicated man who served in the Army and gave back to the community by volunteering at the center, teaching youth boxing, basketball, football, softball, and encouraging girls to participate in sports. Currently, the Manuel Portillo Casa de Salud Recreation Center is a youth center for ages 8 to 17 years old. The center offers a safe space for youth to interact with each other and participate in many fun activities. The youth can receive homework tutoring, play video games, basketball, indoor soccer, and earn a spot in the fieldtrips planned throughout the year.

For questions, please call our center at
(619) 336-6757.

Recreation Center Hours:

Monday - Friday
3:00pm - 7:00pm

Saturday - Sunday:
CLOSED



Daily Activities Available

Indoor Basketball

Indoor Soccer

Billiards

Air Hockey

Foosball

Ping Pong

Wii

PlayStation

Computers

Board Games

Youth Clubs

Healthy Snacks provided daily



Casa de Salud Highlights

Ornament Workshop

Casa de Salud will be taking registered participants who have a permission slip filled out by a guardian to an Ornament Workshop at the Kimball Senior Center on December 1st from 10am-12pm. At the Ornament Workshop, the participants will be able to create their own ornament that will be decorating the community tree at “A Kimball Holiday”.

Holiday Celebration Nights

Casa de Salud will be hosting two holiday celebration nights with holiday treats for registered Casa participants on December 19th & December 20th during normal Casa hours.

New Year’s Craft Day

Casa de Salud will be hosting a New Year’s Craft day on December 11th for registered Casa participants. Participants will be able to create their own New Year’s Noise Makers.

New Year’s Countdown Party

Casa de Salud will be hosting a New Year’s Countdown Party on December 14th for registered Casa participants.

Martin Luther King Jr. Activities

Casa de Salud will be hosting a day of Martin Luther King Jr. activities to honor MLK on January 8th for registered Casa participants.

Valentine’s Day Card Making

Casa de Salud will be hosting a week of Valentine’s Day Card making the week of February 11th for registered Casa participants.

Valentine’s Day Dance

Casa de Salud will be hosting a Valentine’s Day Dance on February 15th for registered Casa participants.

Birthday Celebrations

Every two months, we celebrate the birthdays of our registered Casa de Salud participants with a cake. The last week of December, we will be celebrating November and December birthdays. The last week of February, we will be celebrating January and February birthdays.

Free Snacks

Free snacks are provided daily for registered Casa de Salud participants at 5:00pm.



El Toyon Recreation Center

2005 E 4th Street
National City, CA 91950

Join the fun! El Toyon Recreation Center is now offering Capoeira Angola, Ceramics and Sewing, Verlocity Urban Soul Line Dancing, and Youth Tennis.

For questions, please call our center at (619) 472-6486.

Recreation Center Hours:

El Toyon Recreation Center is only open during scheduled class times



Capoeira Angola

*Contracted Programs

12 and up

Wednesday & Thursday

6:00pm – 8:00pm

\$10/class

Mr. James Diokno



Ceramics and Sewing

*Contracted Programs

18 and up

Tuesday

9:00am – 8:00pm

Friday

8:30am – 12:00pm

\$5/class

Ms. Morales



Verlosity Urban Soul and Line Dancing

***Contracted Programs**

Ages: 8 - 80

Days: Beginner Class on Monday

Intermediate/Advanced Class on Tuesday

Time: 6:00pm – 7:30pm (Monday)

6:00pm – 8:00pm (Tuesday)

Cost: \$10 walk in or \$30/month

Instructor: Mr. Ed Griffith



Youth Tennis

***Contracted Programs**

Ages: 3rd – 6th grade students

Days: Thursday

Time: 1:30pm – 2:20pm

Cost: \$6/six week session

Instructor: Ms. Lindsey Vosburgh

Sessions: January 17 – February 21

February 28 – April 4

Kimball Senior Center

1221 D Ave

National City, CA 91950

Join the fun! The Kimball Senior Center offers a safe environment for senior citizens to gather for activities such as dances, bingo, game days, potlucks, day trips, lunch outings, billiards, singing groups, health talks, flu shot clinics, senior exercise classes, senior clubs, and local transportation for National City residents to Kimball Senior Center activities. Refreshments are available throughout the day.

For questions, please call our center at (619) 336-6760.

Recreation Center Hours:

Monday, Wednesday, Thursday:
9:30am – 4:30pm

Tuesday & Friday:
9:30am – 2:30pm

Saturday – Sunday
CLOSED



Activities:

Senior Basic English Class

Monday & Wednesday 9:30am-11:30am

Bingo & Spanish Bingo (Loteria) Games

Monday & Wednesday 2pm (except 2nd Mon and 3rd Wed)

Social & Open Play

Fridays 9:30-2:30pm

Monthly Dances

2nd Monday & 3rd Wednesday of every month

Game Days

Thursdays and 4th Monday 10:30am-4:30pm

Bunko Games

Thursdays and 4th Monday 10:30am-4:30pm

Feeling Fit Exercise Class

Tuesdays & Thursdays 9:00am-10:00am

Rondalla Singing Group

Tuesdays 12:00pm-2:00pm

T.O.P.S Support Group Meeting

Tuesdays 10:30am- 12:00pm

Elder Law & Advocacy Site

2nd Thursday of the month/Appointment required

SD Food Bank Distribution Site

4th Thursday of every month except holidays



Kimball Seniors Club

Meeting & Event Days: Mondays and Thursdays

Membership Meeting Day: 1st Monday of every month

Monthly Dances: 2nd Monday of every month. Dance fees are \$2 for members
and \$4 for non-members.

Membership Dues: \$15 a year



Casa de Salud Seniors Club

Meeting & Event Days: Wednesdays at 11:00am

Informative Meeting Day: 1st Wednesday of every month

Monthly Dances: 3rd Wednesday of every month. Dance fees are \$2 for
members and \$4 for non-members.

Membership Dues: \$15 a year

Kimball Senior Center Upcoming Dances

Monthly Dances take place on
the 2nd & 5th Mondays
and the 3rd & 5th Wednesdays

December 10, 2018 - Ugly Sweater Dance

December 19, 2018 - Navidad Dance

January 14, 2019 - New Years Dance

January 16, 2019 - Año Nuevo Dance

February 11, 2019 - Valentine's Day

February 20, 2019 - Friendship Dance

Dance Times: 1:00 pm-3:00pm

Dance Fees:

\$2 Club Members / \$4 Guests

TRANSPORTATION TO THE KIMBALL SENIOR CENTER

WE PROVIDE A TRANSPORTATION PROGRAM FOR NATIONAL CITY SENIOR RESIDENTS TO TRAVEL TO AND FROM THE KIMBALL SENIOR CENTER FOR THE FEELING FIT SENIOR EXERCISE CLASS, SENIOR CLUB GATHERINGS AND LUNCH AT THE NATIONAL CITY GEORGE WATERS NUTRITION CENTER. THE TRANSPORTATION PROGRAM OPERATES ON TUESDAY, WEDNESDAY, AND THURSDAY. PLEASE CONTACT THE KIMBALL SENIOR CENTER FOR MORE INFORMATION OR TO PARTICIPATE IN THE PROGRAM.

THE MTS BUS ALSO DROPS OFF NEAR THE KIMBALL SENIOR CENTER: BUS ROUTE 962, 963, AND 967
DROP OFF AT PLAZA BLVD AND D AVE AND
BUS ROUTE 967 DROPS OFF AT 15TH ST AND D AVE. THE MTS BUS SCHEDULE IS SUBJECT TO CHANGE; PLEASE CHECK THE SCHEDULE IN ADVANCE.



FOR MORE INFORMATION:
KIMBALL SENIOR CENTER
1221 D AVENUE
NATIONAL CITY, CA 91950
(619) 336-6760



Las Palmas Pool

1800 E 22nd Street
National City, CA 91950

Join the fun! Las Palmas Pool is now offering recreational swimming, swim lessons, lap swimming, GEX Aqua Classes, and masters swim.

For questions, please call our center at (619) 336-6758.

Swimming Pool Hours:

Please see pool schedule on Page 18 for winter pool hours



Group Exercise Class

14 and up

Monday – Saturday

11:30am - 12:30pm (Mon/Wed/Fri)

12:00pm - 1:00pm (Tues/Thurs)

11:45am - 12:45pm (Saturdays)

\$3/class for adults

\$1.50/class for seniors (Residents)

\$2/class for seniors (Non-Residents)



Masters Swim

18 and up

Monday - Friday

6:00am – 7:15am

\$30/month for adults

Swim Lessons Schedule

Register online or in person at Las Palmas Pool during hours of operation. Payment is due at the time of registration; there are no refunds unless the class is cancelled due to low enrollment or unsafe weather conditions.

<http://www.nationalcityca.gov/government/community-services/facilities/las-palmas-pool>

Las Palmas Pool

Saturdays

January (4 classes)

-January 5th - January 26th

February (4 classes)

-February 2nd - February 23rd

Tuesday/Thursday PM

January (8 classes)

-January 8th-January 31st

February (8 classes)

-February 5th-February 28th

Parent-Child/Tiny Tot Classes

(6 months – 4 years)

Parent Child:

11:15am Saturdays

5:00pm Tuesdays/Thursdays

Minnow:

11:45am Saturdays

4:00pm Tuesdays/Thursdays

Preschool Classes (3 – 5 years)

Tadpole:

9:30am Saturdays

10:30am Saturdays

12:15pm Saturdays

3:30pm Tuesdays/Thursdays

5:00pm Tuesdays/Thursdays

6:00pm Tuesdays/Thursdays

Turtle:

10:00am Saturdays

5:30pm Tuesdays/Thursdays

Seal:

9:00am Saturdays

4:30pm Tuesdays/Thursdays

Adult (18+ years)

10:30am Saturdays (Beginner)

11:15pm Saturdays (Intermediate)

5:30pm Tuesdays/Thursdays (B/I)

Private Lessons

11:45am Saturdays

12:15pm Saturdays

1:00pm Saturdays

1:30pm Saturdays

2:00pm Saturdays

2:30pm Saturdays

3:30pm Tuesdays/Thursdays

6:30pm Tuesdays/Thursdays

Youth Classes (6 – 12 years)

Stingray:

9:00am Saturdays

10:00am Saturdays

12:15pm Saturdays

3:30pm Tuesdays/Thursdays

4:00pm Tuesdays/Thursdays

6:00pm Tuesdays/Thursdays

Otter:

9:30am Saturdays

10:30am Saturdays

4:00pm Tuesdays/Thursdays

6:30pm Tuesdays/Thursdays

Dolphin:

9:30am Saturdays

11:15am Saturdays

4:30pm Tuesdays/Thursdays

6:00pm Tuesdays/Thursdays

Stroke Development

9:00am Saturdays

4:30pm Tuesdays/Thursdays

6:30pm Tuesdays/Thursdays

Teens (12-17 years)

10:00am Saturdays (Beginner)

11:45am Saturdays (Intermediate)

5:30pm Tuesdays/Thursdays (B/I)

Las Palmas Pool • 1800 E 22nd St. • National City • CA • 91950 • 619-336-6758
For more information visit www.nationalcityca.gov

Pool Winter Schedule



2018 Winter Pool Schedule October 28th – February 3th

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GROUP EXERCISE (Ages 14+)	–	11:30a-12:30p (Deep Water)	12:00p-1:00p	11:30a-12:30p	12:00p-1:00p	11:30a-12:30p	11:45a-12:45p
LAP (Ages 14+)	1:00p-3:00p ^{1,2} 3:30p-5:30p ^{1,2}	5:30a-1:00p ^{1,2}	5:30a-2:00p ^{1,2} 3:30p-7:00p ^{1,2}	5:30a-1:00p ^{1,2} 3:30p-5:30p ^{1,2}	5:30a-2:00p ^{1,2} 3:30p-7:00p ^{1,2}	5:30a-1:00p ^{1,2}	1:00p-3:00p ^{1,2} 3:30p-5:30p ^{1,2}
LAP POOL RECREATIONAL/ FAMILY SWIM (All ages)	1:00p-3:00p ² 3:30p-5:30p ²	N/A	N/A	3:30p-5:30p ²	N/A	N/A	1:00p-3:00p ² 3:30p-5:30p ²
ACTIVITY POOL : Closed for the season	N/A	N/A	N/A	N/A	N/A	N/A	N/A
SUHSD/ Pool Rental[^] (Pool closed to public)	–	5:30p-10:00p	7:30p-10:00p	5:30p-8:00p	7:30p-10:00p	–	–
Swim Lessons	–	–	3:30p-7:00p (T/TH)	–	3:30p-7:00p (T/TH)	–	9:00a-1:00p
Masters Swim	–	6:00a-7:15a	6:00a-7:15a	6:00a-7:15a	6:00a-7:15a	6:00a-7:15a	–

1. There will be 2-4 lap lanes available based on pool space needed for other programming.

2. Swim fees only apply to one session.

3. This schedule is subject to change, as needed.

[^] National City relies on rental revenue to support pool operations to open the pool to the public. As such, at times, space is reserved for the Sweetwater Union High School District (SUHSD) and local youth club teams.

Las Palmas Pool • 1800 E 22nd St. • National City • CA • 91950 • 619-336-6758

For more information visit www.nationalcityca.gov

Martin Luther King Jr. Community Center

140 E. 12th Street

National City, CA 91950

Join the fun! The Martin Luther King Jr. Community Center is offering Zumba, Karate/Self Defense, and Martial Arts classes.

For questions, please call our center at (619) 336-4290.

Recreation Center Hours:

Monday-Thursday
7:00am – 6:00pm



Zumba

*Contracted Programs

11 and up

Monday, Wednesday, Friday

6:50pm – 8:00pm (Monday and Wednesday)

6:50pm – 7:30pm (Friday)

\$2/class or \$15/month

Ms. Edith Torres



Karate/Self Defense

*Contracted Programs

Youth 6-12 & Teen/Adult 12 and up

Monday & Wednesday

Youth Class 6:30pm – 7:30pm

Teen/Adult Class 7:30pm – 9:00pm

\$50/month

Sensei Torres and Sensei Lopez



Martial Arts

***Contracted Programs**

Ages: 5 - 9

Days: Tuesday and Thursday

Time: 6:15pm – 7:00pm

Cost: \$50/month

Instructor: Sensei Cortez

Ages: 10 and up

Days: Tuesday and Thursday

Time: 7:10pm – 8:10pm

Cost: \$50/month

Instructor: Sensei Cortez

Winter Holiday Safety

Electric Portable Space Heater Safety

When the weather turns cold, it can bring a chill into our homes. Portable space heaters have become a popular way to supplement central heating or heat one room. If you plan to use portable electric space heaters, make sure to follow these tips and recommendations:

HEATER CHECKLIST

- » Purchase a heater that is listed by a qualified testing laboratory.
- » Keep the heater at least 3 feet away from anything that can burn, including people.
- » Choose a heater with a thermostat and overheat protection.
- » Place the heater on a solid, flat surface.
- » Make sure your heater has an auto shut-off to turn the heater off if it tips over.
- » Keep space heaters out of the way of foot traffic. Never block an exit.
- » Keep children away from the space heater.
- » Plug the heater directly into the wall outlet. Never use an extension cord.
- » Space heaters should be turned off and unplugged when you leave the room or go to bed.

Types of electric space heaters

Oil or water-filled radiator
Heated oil or water travels through the heater.

Fan-forced heater
A fan blows warm air over metal coils.

Ceramic heater
Air is warmed over a ceramic heating element.

Infrared heaters
Heat is created by infrared bulbs.

Fact

Nearly half of all space heater fires involve electric space heaters.



National City Fire Department

(619) 336-4550



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

www.nfpa.org/education ©NFPA 2016



Winter Holiday Safety

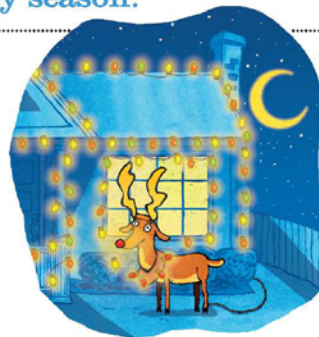
Winter holidays are a time for families and friends to get together. But that also means a greater risk for fire. Following a few simple tips will ensure a happy and fire-safe holiday season.

HOLIDAY DECORATING

- Be careful with holiday decorations. Choose decorations that are flame resistant or flame retardant.
- Keep lit candles away from decorations and other things that can burn.
- Some lights are only for indoor or outdoor use, but not both.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Use clips, not nails, to hang lights so the cords do not get damaged.
- Keep decorations away from windows and doors.

HOLIDAY ENTERTAINING

- Test your smoke alarms and tell guests about your home fire escape plan.
- Keep children and pets away from lit candles.
- Keep matches and lighters up high in a locked cabinet.
- Stay in the kitchen when cooking on the stovetop.
- Ask smokers to smoke outside. Remind smokers to keep their smoking materials with them so young children do not touch them.
- Provide large, deep ashtrays for smokers. Wet cigarette butts with water before discarding.



Before Heading Out or to Bed

Blow out lit candles when you leave the room or go to bed. **Turn off** all light strings and decorations before leaving home or going to bed.

FACTS

- ! **Two of every five** home decoration fires are started by candles.
- ! **Nearly half** of decoration fires happen because decorations are placed too close to a heat source.



Your Source for SAFETY Information

NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

National City Fire Department

619-336-4550

Fire Safe School Inspection

Every October during Fire Prevention Month, National City Fire Inspector, Eddie Sanchez, conducts inspections of all the schools in National City. He inspects all elementary, charter, middle and high schools, as well as private and secondary schools. The City of National City currently has a total of 26 of these schools.

Each inspection varies in time depending on how big the school is; time can range anywhere from 45 minutes to 3 hours. He makes sure that all schools are following Fire Code regulations, checking for fire alarm and sprinkler system certifications, and on the school's preparedness for an emergency which include fire drills.

Once completed, he awards the safest school in the City a "Fire Safe School" trophy. This trophy is very much sought after by all the Principals in National City as it stays with them the entire school year and their school name gets engraved on the plaque. This plaque has been going around the schools for the last 16 years. Will your school be next?



Employee of the Quarter – Tonya Hussain

Tonya epitomizes the City's core values in everything that she does, both as a public servant and also as a colleague. She is attentive, inclusive, respectful, and clear in her communication, and she is an excellent organizer of people, projects, and meetings alike.

Tonya is a professional, efficient, and friendly person who truly makes City Hall, especially the Planning Department, an enjoyable place to work. Her smile, positive attitude, and effervescent personality are always welcome.

Tonya is a truly integral part of the City and it is our pleasure and privilege to nominate her for the Employee of the Quarter.



National City Public Library

1401 National City Blvd.
National City, CA 91950

Join the fun! The National City Public Library offers many fun and exciting programs. Once you sign up for a library card, you can check out books and movies for FREE. The options are endless at the National City Public Library.

For questions, please call
(619) 470-5800.

Library Hours:

Monday - Thursday
10:00am – 8:00pm

Friday
CLOSED

Saturday – Sunday
1:00pm - 5:00pm



Children's Room

SANTA CLAUS IS COMING!

Santa will be making his annual visit to find out whether National City kids have been naughty or nice this year. His sleigh will land Wednesday, Dec. 19th and he'll be in the library's Large Meeting Room from 6 to 7 pm to greet and pose for pictures with the children. Bring your children, bring your camera, and be sure to borrow some good books to read over the holidays while you're here!

BOOK BINGO

One of the most popular children's programs at the library is Book Bingo, where kids and parents play to win free books and Hershey Kisses. We play extended games with multiple winners to make sure that as many kids as possible get free books! Book Bingo meets from 6-6:30 pm twice a month; check the library calendar – available at the library's service desks or online at our website – for the exact dates, and come join the fun.

LEGO CLUB

Calling all future engineers and architects! The Lego Club meets twice a month in the Children's Activity Room of the library. We have mountains of Lego parts heaped on our tables just waiting for visionary kids to use their imaginations and assemble them into masterpieces! When you finish your creation we put it on display for two weeks in our Lego Tower of Power showcase for everyone to admire! The club meets from 6-6:45 pm; check the library's monthly calendar for days and dates.

CHOCOLATE READING CLUB

Hey kids, do you like to read? Do you like chocolate? Then sign up in the Children's Room in January for the Chocolate Reading Club! We'll give you a log to keep track of how much time you spend reading to earn chocolate treats! Of course, reading is its own reward, but chocolate does make it sweeter! Check the library's January calendar for the Club's starting date.



Library Literacy Services

The Literacy program at National City Public Library helps adults improve their basic reading, spelling, and math skills empowering them to reach their full potential in life. We match adult learners with trained tutors for one-on-one or small group sessions.

Are you an adult who needs help with basic reading, math, or computer skills?

Do you need help studying for the GED or citizenship test?

Call to find out if the Adult Literacy Program is right for you! (619) 470-5860

Services Offered

Citizenship Test Preparation

General Education Diploma (GED)

Math Tutoring

Reading Tutoring

Computer Readiness Classes (Basic and Intermediate)

Driver's License Test Preparation

Spelling Tutoring

Writing Tutoring

Literacy Computer Lab

The Literacy Computer Lab is a special computer lab for adult literacy learners. The lab includes access to Mavis Beacon Typing, Lexia Strategies, Ultimate Phonics, Rosetta Stone, Math Tutor, and Learning Express. The lab is open during Literacy office hours.

Volunteer as a Literacy Tutor!

Looking to make an impact on our community and change someone's life? Become a Literacy Volunteer at the National City Public Library by helping learners obtain their GED, pass their Citizenship Test, or become computer literate! Must be 18 years of age or older and pass a screening process through the City of National City. Must be dependable, prompt, friendly, and flexible! Call (619)470-5860 or email us at literacy@nationalcitylibrary.org for more information.

US Citizenship Classes

National City Public Library offers a free 10-week course to prepare you for the citizenship test and interview. Classes will be held at the National City Public Library. To register or get more information, please call the Adult Literacy Department at 619-470-5860. You must register ahead of time. The classes are offered in English. All materials are provided free of charge. This course is offered in collaboration with the Jewish Family Service of San Diego.

Learn to use a Computer at the Library!

The National City Public Library is offering small group computer readiness classes for adults! These classes are 4 weeks long. They are Monday and Wednesdays from 11:00 – 12:30 pm or 2:00 – 3:30 pm. Instruction in Spanish are offered Tuesday and Thursday from 11:00 – 12:30 pm or 2:00-3:30 pm



Library Services for Adults

ADULT CRAFTS

If you need artistically crafted gift-wrapping for your holiday presents, visit the library every Wednesday in December from 6-7 pm as one of our expert crafters will provide free gift wrapping for any presents you may have. The library will provide the gift wrap and ribbons and all you have to provide are the presents.

YOGA

If you're worried about putting on the winter pounds, there's no need to go to a high priced gymnasium. The library has free exercise programs every week. Mondays and Wednesdays the library holds Yoga for Everyone. On Tuesdays and Thursdays learn the movements of Chinese martial arts of Bagua and on Saturdays you can relax from the week by taking a guided meditation class or gear up for the work week by joining the mat pilates class. For more information about the classes please call the library at (619) 470-5830.

EMERGING TECH LAB

Are you someone who loves to create? Do you find that no one seems to have the right tool for your project? Are you passionate about bringing your imagination to life? Emerging Tech Lab at the National City Public Library now offers 3D printing! Take a class to learn 3D printing technology and create your own printable objects. Emerging Tech Lab is open: Monday 3:00-7:00pm; and Wednesday 1:30-5:30pm. All is welcome and everything is free!





National City Public Library is bringing back FOOD 4 FINES Program November 12th – December 20th. Pay off fines accrued on your account by bringing in donations of non-perishable food items. For each item donated, the library will waive \$1.00 in overdue fines, up to **\$10 per account**.

What fines can be waived?

Fines eligible for the waiver are overdue fines only.

No lost material, card replacement, collection agency fees, or printing fees will be waived during this event.

Which food items are acceptable?

Non-perishable food items in cans, boxes, or plastic containers,

Examples of acceptable items:

- Canned vegetables
- Canned tuna, chicken
 - Crackers
 - Boxed dinners
 - Canned juices
 - Peanut butter
 - Cereal
- Ramen noodles (4 packages of Ramen noodles equals one dollar in fines)
 - Bottled water in 8 oz. or greater containers.

Examples of NON-acceptable items:

Perishable food items * Glass containers of any kind *Soda pop *Candy and/or gum *Cardboard drink containers
 Drink pouches *Alcoholic beverages *Items in damaged/rusty/open containers *Items WITHOUT a nutrition label
 *Items with a past due expiration date *Homemade or home-canned items *Travel size containers of personal care items, i.e. toothpaste, shampoo, conditioner, hand lotion, etc.

City Hall to Achieve Savings with Extended Holiday Closure

City Hall will be closed for two weeks beginning December 24, 2018 thru January 4, 2019 as a cost savings measure (pending City Council approval on November 20, 2018). Estimated salary savings range between \$100,000 and \$125,000 in addition the City will realize approximately \$12,000 in energy savings.

During this time essential emergency personnel from the Police and Fire Department will remain in operation to include animal control, graffiti abatement, and parking enforcement. The City will have standby and on-call personnel from Public Works, Fire Investigations, and executives and managers from each department.

During the two week closure the Senior Nutrition Center dining room and home-delivered meals will not be affected. Park maintenance will continue. The City Hall Finance Department drop box will be available to make payments. Library materials will not be due during this time and fines will not accrue.

This will be the tenth year of the closure. “The two week closure represents the partnership between the City and its employees. The program results in cost savings to the city while allowing employees to have quality family time during the holidays”, said City Manager Leslie Deese. The two week period crossing December and January was selected because it is historically a slow business period. Representatives from all departments will be available to address emergencies.

For non-emergencies, call Police Dispatch 24-hours a day (619) 336-4411 ext. 0.



TWO WEEK EMPLOYEE WORK FURLOUGH FREQUENTLY ASKED QUESTIONS

- Q: What are the dates of the two week closure?
A: Monday, December 24, 2018 through Friday, January 4, 2019.
- Q: Why is the City closing for two weeks?
A: As a costing savings measure, City of National City employees agreed to a two week unpaid work furlough.
- Q: Will all City services be suspended during the closure?
A: No, Fire and Police safety/emergency services, graffiti and parking enforcement will continue normal operations.
- Q: Will I be able to make payments during the closure?
A: A payment drop box will be available at City Hall outside of the Finance Department however; payments will not be processed until City offices open on January 7, 2019. Business license fees and parking citations can also be paid on-line at www.nationalcityva.gov
- Q: Will the library, recreation centers and the Las Palmas pool be open?
A: The library and recreation centers will not be open to the public. However, the pool will be open except for Christmas Eve, Christmas Day, New Year's Eve and New Year's Day.
- Q: How will I be able to return my library books in order to avoid a late fee?
A: Penalties for late books will not accrue during the closure.
- Q: What will happen if there is a severe storm or natural disaster during the closure?
A: The City has an emergency operation plan that is in place at all times. In addition to fire and police safety personnel who will be on duty, additional City personnel will be available on-call to respond to emergencies.
- Q: Who can I call for questions or assistance during the closure?
A: In the case of a police, fire or medical emergency, call 911. For other inquiries or assistance, call the City's hotline at 619-336-4411 ext. 0.
- Q: Will City parks be maintained during the closure?
A: Limited staffing will be available to maintain park comfort stations and refuse collection.
- Q: What do I do if I have an emergency such as a sewer back-up, flooding, and fallen tree in the right-of-way or a health and safety inspection need?
A: Call the hotline number at 619-336-4411 ext. 0. On-call personnel will be dispatched.

Paradise Creek Educational Gathering Place



“In 2016, the City of National City partnered with A Reason to Survive (ARTS), local students, and community volunteers to design and build the first phase of Paradise Creek Educational Gathering Place in Kimball Park as part of a “Creating Vibrant Neighborhoods” initiative. Last month, the final phase of implementation was completed. City Public Works crews provided assistance with digging foundations and placing some of the larger art elements using heavy equipment. The Educational Gathering Place compliments the recently restored portions of Paradise Creek through Kimball Park.”

Construction Photos

PARADISE CREEK EDUCATIONAL GATHERING PLACE



ATTENTION DEVELOPERS, CONTRACTORS, REALTORS, AND HOMEOWNERS!
YOU ARE INVITED TO



DEVELOPERS FORUM ON WATER SERVICE

TUESDAY, DECEMBER 4, 2018
10:30AM - 12:00PM

Building new housing?
Building an addition to a home or business?
Constructing tenant improvements?
Do you need a new water service?
Do you need to modify, upgrade, or abandon an existing water service?

You are welcome to attend a meeting of the
City of Chula Vista ■ City of National City ■ County of San Diego ■ Sweetwater Authority

To answer your questions on city permitting and on establishing, abandoning, or
modifying water service with Sweetwater Authority.

Martin Luther King, Jr. Community Center
140 East 12th Street
National City, CA 91950

Please RSVP to Gwyneth Shoecraft
gshoecraft@sweetwater.org (619) 409-6722





Services, Facilities, and Programs

Enhancing the quality of life through people, parks, and programs

Camacho Recreation Center	(619) 336-6756
Casa de Salud Youth Center	(619) 336-6757
El Toyon Recreation Center	(619) 472-6486
Kimball Senior Center	(619) 336-6760
Las Palmas Pool	(619) 336-6758
Martin Luther King, Jr. Community Center	(619) 336-4290



Connect with the City

You can call us or visit us in person or online via website, Facebook, Twitter, National City Connect, and Nixle. All links will be provided below.

Community Service Department
Office (619) 336-4290
Mon-Thurs 7am-6pm

Martin Luther King, Jr. Community Center
140 East 12th Street, Suite B
National City, CA 91950-4301



Visit us on our website!

www.nationalcityca.gov



Find us on Facebook! Search City of National City – Official or type in the link to your address bar

www.facebook.com/CityofNationalCity



Find us on Twitter! @CityofNatlCity



You can now use National City Connect to submit requests for non-emergency issues via mobile application and web.



Nixle keeps you up-to-date with relevant information from your local public safety departments & schools

<https://nixle.com/national-city-police-department/>



[Sign up for Your National City E-Newsletter](#)

<http://www.nationalcityca.gov/about-us/newsletters>